

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 22 SHOPPERS DRUG MART

OTTAWA

metro®

NEWS
WORTH
SHARING.



FROCKIN' ROCKIN'

THINK FLORAL, BRIGHT AND SUPER LONG FOR YOUR SUMMER DRESS SHOPPING: HERE'S EIGHT PIECES OF FASHION EYE CANDY TO GET YOU INSPIRED **PAGE 23**



A true politician until the very end

Dalton McGuinty says he is resigning from the Ottawa South seat he has occupied for the last 23 years with his 'idealism intact' **PAGE 4**

Sure to make you really popular

Have you always wanted to get into meter-maid work but only (maybe) make a fraction of the ticket amount? There's an app for that **PAGE 16**

NO BOY BANDS

LIVE 88.5fm



THE FORCE IS STRONG IN THIS ONE

Folks walking down Sparks Street Wednesday felt a disturbance in the Force as they ran into a Tusken Raider and a Wookiee too. The two Star Wars characters from the local 501st Legion fan club posed to snap photos with passersby such as Darcy Lyle and his son Holden to promote the Canada Aviation and Space Museum's Star Wars Identities exhibit, which opened May 10. Star Wars Identities runs at the museum until September 2. GRAHAM LANKTREE/METRO

One more pitch for AA ball team?

Minor issues. Plan calls for injecting \$10M-\$30M more into stadium



ALEX BOUTILIER
alex.boutilier@metronews.ca

Ottawa will take another swing at luring an affiliated minor-league baseball team to the city, despite concerns from some councillors about spending more time and money on the project.

Council voted Wednesday to move ahead with an aggressive timeline to try and ink a deal with a team interested in relocating to Ottawa by the end of the fall, with Coun. Diane Deans and Coun. Rainer Bloess voting against the plan.

Mayor Jim Watson said he didn't want to say this was the last crack at attempting to bring a baseball team to town, but acknowledged some councillors' concerns.

"We'll have a clearer idea of how successful we've been ... by the fall of this year," Watson said Wednesday. "It's going to be a tougher conversation we have if we haven't been successful. Because I think there are some councillors who say, you know, 'How many times do we go back to the well?'"

City staff are predicting injecting another \$10 million to \$30 million into the vacant stadium will make relocating to Ottawa more attractive.

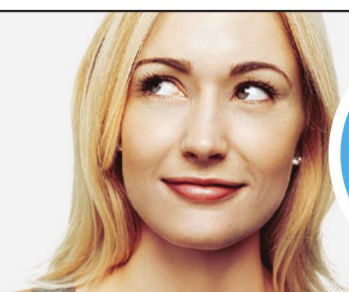
Bloess put forward a motion to defer the report and ask staff to assess the value of the Coventry Road site and explore alternative economic development models.

That motion would have essentially killed any chance of securing a team for the 2014 season — and was soundly defeated by a vote of 22-2.

According to Watson and the city manager, there is at least one AA team that has expressed interest in bringing a team to town.

DON'T WAIT TO SEE.

Get LASIK today, take 5 years to pay.



Starting at just \$490 per eye*
5-year financing
\$0 down*

Book a free consultation at
1-877-769-3030 or lasikmd.com

LASIK MD
VISION

*Prices are subject to change without prior notice and vary by patient. Financing is available for qualified patients. Subject to credit review and approval. Interest financing starting at 8.9% over 60 months.

JAMES BOND
007TM

DANGEROUSLY SOPHISTICATED



THE NEW FRAGRANCE FOR MEN



**RECEIVE 4000 SHOPPERS OPTIMUM BONUS POINTS[®] ★
WITH THE PURCHASE OF JAMES BOND
EAU DE TOILETTE SPRAY 50ML.**

*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card[®] after discounts and redemptions and before taxes. Not to be used in conjunction with any other Shoppers Optimum Points[®] promotions or offers. Offer valid until July 13, 2013 while quantities last. We reserve the right to limit quantities. No rainchecks. See cosmetician for details.

SHOPPERS
DRUG MART 

Allegations

Man charged with sexual assault of disabled teen

Ottawa police say they are investigating after a man is alleged to have inappropriately touched a disabled girl in Ottawa's south end.

The force's sexual assault and child abuse section charged Daniel Taillefer, 35, of Ottawa on Tuesday, with one count each of sexual assault, invitation to sexual touching and sexual exploitation of a disabled person after they received a complaint June 10.

Taillefer appeared in court Wednesday afternoon and was told not to communicate with the girl, who is under the age of 16, and another person. Both names are under a publication ban. Taillefer has no prior charges or convictions and is set to appear again in court June 23.

GRAHAM LANKTREE/METRO

Strandherd-Armstrong

More cash for beleaguered bridge project

Ottawa City Hall approved on Wednesday spending an additional \$1.6 million for the long-delayed Strandherd-Armstrong bridge.

According to city staff, the money is for "additional project-management costs, technical services and site inspections."

The bridge is scheduled for completion in September 2014, after repeated delays pushed back the original deadline by more than two years.

ALEX BOUTILIER/METRO

Taking responsibility. Ottawa asks province to take over Highway 174

Ottawa City Hall has directed staff to formally petition Queen's Park to take Highway 174 off the city's hands.

Coun. Stephen Blais asked staff to write a letter to the province reaffirming the city's position that Highway 174 should be uploaded as a provincial responsibility and asking that Premier Kathleen Wynne's government assume that responsibility as soon as possible.

"The unfortunate reality is the province has either de-

clined to address that issue or has repeatedly said no," Blais said after a council meeting on Wednesday.

Should the Liberals refuse that request, Blais is asking that the province give Ottawa City Hall power under the municipal act to turn the 174 into a toll road. Blais said the highway costs the city millions in upkeep and the premier should authorize new "revenue tools" to contribute to those costs.

ALEX BOUTILIER/METRO

Education. Catholic School Board approves \$441-million budget

Ottawa's Catholic School Board approved a \$441.4-million operating budget into 2014 early this week, which promises to expand French immersion, full-day kindergarten and technology in classrooms.

"Despite declining enrolment and significant cost pressure, the board is pleased to have approved this budget while maintaining spending programs for 2013-2014," wrote the board's chair, Mark D. Mullan, in a release on Wednesday.

Many of the financial pressures faced by the board are being managed by pursuing external funding, grants and "proactive cost-savings initiatives," the release said.

"This budget was developed with input from trustees, Catholic School Councils and various other stakeholders, and focuses on programs that will continue to nurture student success in all our schools," said director of education Julian Hanlon.

GRAHAM LANKTREE/METRO

Fix ByWard Market now, businesses say

Don't wait. There are many options for quick improvements, according to locals



GRAHAM LANKTREE
graham.lanktree@metronews.ca

Produce-stall owners and food retailers in the ByWard Market called on the city to help their businesses now rather than wait for a \$50,000 study on how to revive the ailing area in 2015, after hearing the results of a similar report on Tuesday.

"Every year we see it going down. The business isn't here anymore," said Claire Lavoie, a produce-stall owner for 20 years, who has worked in the

market since the age of 11, when she tended the stall with her father.

"Parking has been a big issue in the ByWard Market to start off with," Lavoie said. "I've noticed every spring when we start the herbs and tomato plants, we now have competition with Home Depot, Canadian Tire, Lowe's and Loblaws. They all have plants everywhere and there's plenty of parking."

Lavoie called for the city to begin implementing recommendations from a report by a New York-based non-profit that were presented to city hall's planning committee on Tuesday. The report calls for Ottawa to rethink parking with a validation system for shoppers, create incentives for food vendors, improve street seating and create an arms-



Claire Lavoie, from nearby Saint-Pascal-Baylon, says she feels pushed out of the ByWard Market by strict regulations. GRAHAM LANKTREE/METRO

length non-profit to oversee things.

"Our position has been all along that the parking enforcement has been much too aggressive," said Jasna Jennings, executive director of

the ByWard Market Business Improvement Area.

Jennings also wants exemptions to bylaws to let stalls sell more things, such as soaps and candles, and also to let them stay open longer.



Love to Decorate?
Want to own your own business?

Decorating Den Interiors is expanding in Ottawa. We want you to be part of this exciting opportunity. Home based, or commercial office based, your choice.

Passion for decorating is all you need, we teach you the rest!

Contact us today!

DECORATING DEN
INTERIORS™

1-800-263-0242

www.decoratingden.com

1 NEWS

Rush is on to define a legacy

McGuinty's departure.
Friends, foes quarrel
as ex-premier resigns
his Ottawa South seat

Premier Kathleen Wynne praised Dalton McGuinty on Wednesday as "an unwavering political force," but Ontario's opposition parties said the former premier was quitting politics under a cloud of scandal and broken promises.

Word of McGuinty's resignation leaked Tuesday night, and the former premier issued a statement Wednesday saying he was leaving his Ottawa South seat after nearly 23 years.

"I leave politics with my idealism intact and a deep sense of gratitude," he wrote.

Wynne lauded McGuinty for serving with "vision."

"He reminded us that government could build us up through investments in education, health care, research and innovation," she said in a statement. "He steered this province

through a global recession and three general elections."

Asked about McGuinty's legacy, Progressive Conservative Leader Tim Hudak said it is one of waste and corruption.

"If you like what Dalton McGuinty has done ... you're in for even more of it under Kathleen Wynne," Hudak said.

The New Democrats said McGuinty's legacy is one of broken promises, starting from the implementation of the health-care tax in his first year.

The NDP also questioned the timing of the announcement, just days after police launched a criminal probe into the destruction of emails about the cancellation of two gas plants.

"The last time things got really hot on the gas-plant file, he prorogued parliament and said he was not going to be premier any longer," said NDP critic Peter Tabuns.

The Liberals have scheduled a nomination meeting for June 20 in Ottawa South to pick a candidate to replace McGuinty in a byelection.

THE CANADIAN PRESS



Dalton McGuinty issued a statement Wednesday saying he was leaving his Ottawa South seat after nearly 23 years. FRANK GUNN/THE CANADIAN PRESS FILE

Labour minister defends premiers past and present



Yasir Naqvi, labour minister and Liberal Ottawa Centre MPP METRO FILE

Labour Minister Yasir Naqvi is defending his former boss, saying former premier Dalton McGuinty served the riding of Ottawa South with the "utmost integrity."

Naqvi, the Liberal Ottawa Centre MPP, said McGuinty devoted his life to serving the public.

"I thank him for his public

service and I thank him for being a strong leader," Naqvi said Wednesday.

"Mr. McGuinty served the people of Ottawa South with the utmost integrity over the last 23 years, and I think the proof lies in that he was re-elected year after year."

McGuinty stepped down as premier last fall, proroguing

the legislature indefinitely while the Liberals chose a new leader.

His resignation as MPP this week comes as the Ontario Provincial Police look into the deletion by Liberal staffers of emails concerning two gas-plant cancellations.

Asked about the investigation, Naqvi said transparency

is the "cornerstone of any strong democracy."

"(Kathleen Wynne) has been very clear in making sure that the government will continue to be transparent and accountable. If there were gaps in law, she has undertaken to fill those gaps," Naqvi said.

ALEX BOUTELIER/METRO



RBC Insurance

RBC Simplified[®] Life Insurance. At simply the lowest prices ever.

Introducing Family Friendly Pricing[™] on life insurance.

With RBC Simplified Term Life Insurance all you have to do is go online, call or visit us and answer 10 easy questions to apply for coverage of up to \$500,000. There's no need for a medical examination*. Plus, you'll get our lowest prices ever.

Apply online at rbcinsurance.com/familypricing
or call 1-888-528-5507,
or visit an RBC Insurance store



Insurance advice for your life[™]

| HOME | AUTO | LIFE | HEALTH | TRAVEL | BUSINESS | RETIREMENT |

Underwritten by RBC Life Insurance Company.

©/™ Trademark(s) of Royal Bank of Canada. Used under licence. This offer is only available to residents of Canada. Premium rates are the same or lower than previously offered by RBC. Premium rates may be subject to change. *Depending on how you answer the health and lifestyle questions a tele-underwriter may contact you and they may request a blood, urine or weight and blood pressure test. We will send a nurse to a location of your choice to complete these tests. Exclusions and limitations apply. For complete details, see a sample policy at rbcinsurance.com/lifeinsurance/simplified-term-life-insurance.

porter
flying refined

Make waves with big Porter savings.

Make a splash - and save money - getting to any of Porter's great destinations. Don't miss the deluge of savings; you've only got until June 17 to book. But you do have until October 6 to travel.

SPLASH
SALE

Flights from Ottawa. Book by June 17, 2013. Travel by October 6, 2013. Up to 21 day advance purchase may be required. One-way fares include all taxes, surcharges and mandatory fees.* Fares starting from:

HALIFAX 5 x daily \$158 Includes all taxes/fees	MONCTON Daily \$163 Includes all taxes/fees	ST. JOHN'S 3 x daily \$226 Includes all taxes/fees	TORONTO 17 x daily \$117 Includes all taxes/fees	QUÉBEC CITY \$213 Includes all taxes/fees	SAULT STE. MARIE \$197 Includes all taxes/fees	SUDBURY \$190 Includes all taxes/fees	THUNDER BAY \$197 Includes all taxes/fees	TIMMINS \$197 Includes all taxes/fees
WINDSOR \$163 Includes all taxes/fees	BOSTON \$235 Includes all taxes/fees	CHICAGO \$266 Includes all taxes/fees	NEW YORK \$214 Includes all taxes/fees	WASHINGTON Dulles \$214 Includes all taxes/fees				

Book online or contact your travel agent.

flyporter.com

porter
Escapes

Limited availability. Vacation packages from Ottawa. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full package listings and availability, please visit our website.**

★★★★
\$559
NEW YORK
Yotel
Premium Cabin
Dept. September 1, 2
Nights: 2

Fly to and from Newark Liberty.

★★★
\$609
BOSTON
Residence Inn by Marriott
Studio
Dept. July 19, 20
Nights: 2

Includes breakfast daily.

★★★★★
\$493
TORONTO
Shangri-la
Deluxe room
Dept. July 15, 16, 17, 18
Nights: 2

★★★★
\$526
HALIFAX
Delta Halifax
Standard Room
Dept. July 28, 29
Nights: 2

Book packages online, contact your travel agent or call 1-855-372-1100. TTY – Dial “711”.

porterescapes.com

* Book by 11:59 pm Eastern Time June 17, 2013. Travel by October 6, 2013. Up to 21 day advance purchase may be required. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as \$150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to \$200 per person per direction, plus any fare differential. Other significant conditions (including a \$20 second-checked bag fee and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Contact your travel agent or Porter Airlines for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines. Packages include return airfare, all taxes, surcharges and mandatory fees. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada MSV 1A1.

tico.ca
Travel Industry Council of Ontario

Fund in deficit. City likely to issue more credit for OC Transpo pensions

The City of Ottawa is anticipating issuing more letters of credit to cover a deficit in the OC Transpo pension fund estimated at \$98 million in 2012.

Additional letters of credit — on top of the \$30.2 million already issued by the city — may be required if the \$536.1-million fund remains in deficit, according to documents released by the city last week.

Mona Monkman, the deputy city treasurer, said the credit would be called in only if the city were to go bankrupt or the pension fund wound up immediately — both extremely unlikely scenarios.

"This is a situation that is not likely to occur, or require funding in the end," Monkman said on Wednesday. "It's a guarantee, in case something happened, based on the requirements of the existing federal legislation."

There is a small cost to

Funding in cash

\$2.8M

The city also makes actual cash contributions to the pension fund. Last year, it contributed about \$2.8 million to ensure pensioners receive the benefits they're due.

issue the credit, which is handled by the city's bank, RBC, to satisfy federal laws.

The city says that if the deficit hasn't substantially changed since the last actuarial valuation, it would need to increase letters of credit by \$16.8 million per year for five years.

The city can issue letters of credit of up to 15 per cent of the total value of the plan. If the deficit isn't corrected by then, the city would require a special payment to cover the gap.

ALEX BOUTILIER/METRO

Ottawa IBM workers hit by layoffs: Reports



Anna Lambert, a Shopify recruiter, waits for prospects on Wednesday at a recruiting booth outside the IBM office on Riverside Drive.

JOE LOFARO/METRO

Shifting industry. While Big Blue restructures, Ottawa firm pitches recruitment kiosk



JOE LOFARO

joe.lofaro@metronews.ca

Workers at IBM's Ottawa office on Riverside Drive were reportedly laid off on Wednesday as the company went through a global restructuring.

One worker from the software company told The Ottawa Business Journal that as many as 200 employees in Ottawa were laid off.

Carrie Bendzsa, an IBM Canada spokesperson whose office is in Ottawa, said the company does not discuss its staffing plans, "given the competitive nature" of the business.

"Some level of workforce remix is an ongoing part of our business," she said. "That

means reducing in some areas and hiring in others — based on shifts in technology and client demand."

While Bendzsa couldn't say how many IBM employees there are in Ottawa, she said the team is responsible for consulting, software development and marketing.

Local software firm Shopify swiftly set up a recruiting booth outside IBM's Riverside office in an effort to buoy the spirits of the laid-off workers and seek new talent.

"There were quite a few people who had been laid off who came to talk to us," said Doug Tetzner, Shopify's head of talent acquisition.

Shopify, which develops online-shopping tools for clients, employs about 220 people in its Ottawa and Montreal offices, with the vast majority working in the nation's capital.

Tetzner said he expects to hire close to 80 employees by the end of the year.

CELEBRATE A TRUE CANADIAN ICON

From June 11th to June 30th inclusively, come to the Royal Canadian Mint's Ottawa Boutique and spend \$175 (plus taxes) or more on your favourite coins that celebrate our culture, heritage and achievements and receive a free 2013 O Canada Gift Set.*

OWN A SHINING EXAMPLE OF ONE OF CANADA'S MOST TREASURED SYMBOLS.

320 Sussex Drive, Ottawa, Ontario | 613-993-8990 | mint.ca/tours

*Limit of 1 per person, while quantities last. © 2013 Royal Canadian Mint. All rights reserved.

La Maison D'or TOTALLY TACORI SHOW

20% OFF*
SELECTED
PIECES
*Excluding TACORI
& Simon G



JUNE 12~16




La Maison D'or presents the
**TOTALLY TACORI COLLECTION OF ENGAGEMENT RINGS
AND WEDDING BANDS** direct from Los Angeles!
Wednesday, June 12th to Sunday, the 16th.
MAKE AN APPOINTMENT FOR A PERSONAL SHOWING.

Receive gifts of beautiful TACORI 18k/925 jewellery with your purchase. Select a \$250 gift with a purchase over \$3000 and a \$500 gift with a purchase over \$5000! (See store for details)
20% off select items. 6 months to pay, interest free!



OTTAWA'S BEST
TACORI STORE

Place d'Orléans Shopping Centre • 613-837-1001
www.lamaisondor.com • Follow us on  Facebook &  Twitter

**VISIT OUR FABULOUS
NEW TACORI
BOUTIQUE!**



Frank Mugisha will be in Ottawa June 17 to talk to DFAIT about how to speak to the Ugandan government about its treatment of the LGBT community. JESSICA SMITH/METRO

Gay-rights activist to show DFAIT how to break the ice

Progress pusher.

Ugandan says Canada should be diplomatic, not demanding, when advocating LGBT rights in his home country



JOE LOFARO

joe.lofaro@metronews.ca

Ugandan gay-rights activist Frank Mugisha will be in Toronto Thursday for a talk about the threats to his country's LGBT community, but before he leaves Canada he wants a word with the Department of Foreign Affairs and International Trade (DFAIT) in Ottawa.

Mugisha is the founder of Icebreakers Uganda, a support group for LGBT Ugandans who

fear coming out publicly due to ongoing discrimination and abuse from their fellow citizens. He's also behind the group Sexual Minorities Uganda.

"All my life I've seen this going on," Mugisha told Metro in a Skype interview Wednesday morning from his Toronto hotel. "The media outing people, politicians with hate statements about homosexuality."

The 32-year-old will speak at the Canadian HIV/AIDS Legal Network's 5th Symposium on HIV, Law and Human Rights at

the Toronto Reference Library about his advocacy work and how Canadians can support the Ugandan LGBT community.

International media reported last year a Ugandan gay-rights activist was beaten to death while that country's Parliament was debating a controversial bill given the chilling nickname "Kill the Gays." The bill bans gay marriage and calls for stiffer jail sentences for homosexual acts. There was also speculation it could include a death-penalty provision.

Collaborative effort

"I know my country very well. I think they would listen if (Canada) approached them at a much more diplomatic level and they feel they are not being told what to do (but that) they are having a discussion on how they can work together." Ugandan gay rights activist Frank Mugisha

SAVE \$1.50 ON SIX BOTTLES



CERVEZA



Available for a limited time at select Beer Stores and LCBOs.
While supplies last. Price subject to change.

CAT'S FISH & CHIPS

VOTED OTTAWA'S BEST FISH AND CHIPS

Monday- CLOSED
Tuesday- 11am - 9pm
Wednesday- 11am - 9pm
Thursday- 11am - 9pm
Friday- 11am - 10pm
Saturday- 9am - 10pm
Sunday- 9am - 9pm
Breakfast Saturday & Sunday 9am-Noon

*Gluten Free Batter Available

319 St Laurent Blvd (at Hemlock)
Take Out Hotline - 613-748-FISH (3474)

TODAY ONLY

THURSDAY, JUNE 13

Save up to \$55

\$19.99

All men's
CHAPS

Regular up to \$75

Plus,
save **50%**
on men's IZOD
casual clothing

One Day Sales cannot be combined with other offers.
See below for exclusions.



SHOP IN STORE AND AT THEBAY.COM

HUDSON'S BAY

PLUS, SAVE UP TO 50% WOMEN'S SPRING FASHION CLEARANCE
Selected brands. See store for details.

No rain checks and no price adjustments. No pre-orders or telephone orders. Offers available while quantities last. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See store for details.
IZOD: Excludes items with 99¢ price endings.

The Cirque is coming to town with acclaimed show



Neilson Vignola, Cirque du Soleil's director of creation, says Totem audiences can expect something different from previous productions. CONTRIBUTED

Totem. Cirque de soleil's latest production draws on stories and customs of indigenous cultures

JORDAN BROWN
ottawa@metronews.ca

The circus is coming, but don't expect to see the usual spectacle.

Cirque de soleil will be performing its internationally acclaimed show, Totem, at Scotiabank Place starting July 11 through Aug. 4.

The show's theme is the evolution of humanity, and is heavily inspired by the customs and cultures of First Nations and indigenous cultures from around the world.

Neilson Vignola, director of creation at Cirque du soleil, spoke to Metro while in town to promote the show.

The idea behind the show, he said, is that humanity began when the first forms of life came out of the water and moved to land.

"And then they were standing up and then they started to walk. And then they started running. And then men started jumping in the trees. And then what do we want to do? We want to fly. So, every act in the show is related to that progression," said Vignola.

The show will eschew the usual story structures that people are familiar with. Instead, it will try to leave a unique impression with each person in the audience, said Chantal Cote, the troupe's corporate brand manager.

"We don't necessarily want to impose a narrative. There's no story. Evolution is what inspired the show to begin with, but we want to invoke or inspire something in our audience. It will be something different for each person," said Cote.

Harper, a comedian? PM hams it up with spot-on impressions of past PMs

A video of the prime minister hamming it up on election day two years ago has surfaced online.

The candid images of Stephen Harper doing comic impressions of prime ministers past was filmed during preparations for election night in 2011.

A jovial, relaxed-looking Harper provides his take on his favourite prime minister, John Diefenbaker, and also former Tory leaders Joe Clark and Brian Mulroney.

Throughout the video, his son and his wife try to get

him back on script but Harper continues the gag, much to the delight of a handful of observers who can be heard laughing throughout.

One of them, Conservative Sen. Marjory LeBreton, has worked with all the leaders Harper mimicked and says he did a pretty good job.

The video's sudden appearance on YouTube comes a week after Brent Rathgeber quit the Conservative caucus, complaining of rigid control emanating from Harper's office.

THE CANADIAN PRESS



Prime Minister Stephen Harper gestures in this screengrab of a 2011 video posted to YouTube, where he mimics former PMs. CONTRIBUTED



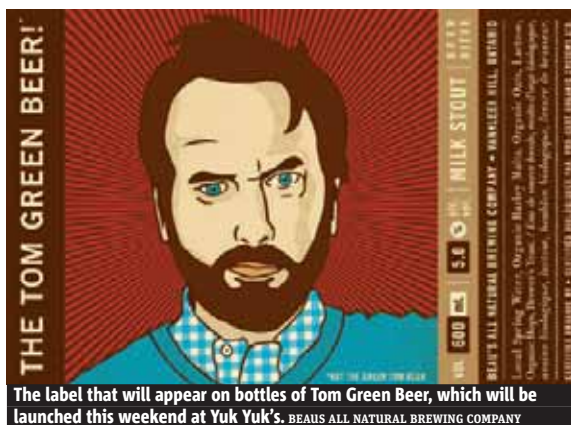
You won't find a lower price online for our flights than at westjet.com*

When you book with us online you won't just get the best price.* You'll stay in the loop and get rewarded. You'll get up-to-the-minute flight updates and reminders sent right to your inbox and you'll earn valuable WestJet dollars® that you can use towards your next flight.

*Book at westjet.com or through your travel agent at westjet.com/agent. The best price on westjet.com and/or westjet.com/agent will only be comparable: at time of booking; to bookings that originate in Canada and are available in Canada; to flights marketed and operated by WestJet and WestJet Encore; and for the exact same date, time, schedule, itinerary, flight number and number of guests. Prices reduced as a result of a promotional or other discount are not comparable. Price comparison must be on the all-inclusive or total amount (including taxes, fees and charges). Comparable fare must be priced in Canadian dollars. Visit westjet.com for full details.

Best price.
Big smile.
Book here.

WESTJET



Vanier North

Police continue to search for suspect wanted in early-morning stabbing

Ottawa police say they are investigating an early-morning stabbing in Vanier North that sent one man to hospital with serious but non-life-threatening injuries.

Const. Marc Soucy said

police responded at 12:15 a.m. to the intersection of the Vanier Parkway and Montreal Road.

Upon arrival they found a 25-year-old man with a stab wound.

The victim is in stable condition, according to police.

Soucy said a suspect of the crime has been identified.

The suspect is known to police but is not in custody. **JOE LOFARO/METRO**

Mobile-friendly contest

Winners of Apps4Ottawa announced

Ottawa just got a little more mobile-friendly after winners were announced in the annual Apps4Ottawa contest Tuesday evening.

The city said there were 80 applications this year to create mobile, city-focused apps using open data.

The winners in each category: On The Move: Larry Dunkelman for BusBuddy Ottawa; Having Fun: Jean Grandbois for Ottawa Recreation Search; Your City: Jean-François Bibeau for Ottawa Garbage Schedule; Data Analysis and Visualization: David Rust-Smith for Ottawa's Heart; Windows 8 Award: David Rust-Smith for Ottawa's Heart.

Each category had a cash prize of either \$3,000, \$2,000, or \$1,000. **JOE LOFARO/METRO**

This is The Tom Green beer, not The Green Tom beer

Creating a buzz.

Ottawa-bred comedian to unveil new brew that bears his name and likeness

JORDAN BROWN
ottawa@metronews.ca

Stop me if you've heard this one: Canadian comedian Tom Green has created his own brand of beer, which he calls The Tom Green Beer.

Green — along with Beau's All Natural Brewing co-founder Steve Beauchesne and brewmaster Matthew O'Hara — will unveil the suds this weekend at Yuk Yuk's on Elgin Street. He will be hosting a tasting event after his show on Thursday. He also performs Friday and Saturday.

Green first came up with the idea after realizing that he often drinks beer with his audience after his shows.

"I've been touring around the world and I drink a lot of craft beer in different cities I go to," he said. "People who come to my shows like to drink a lot of beer, and after my show I tend to drink beer with everybody. So I thought it would be kind of a fun thing to do."

Green then decided to

contact Beau's about working together to create a new brand of brew.

"I just approached them on a whim, and it turns out that they grew up watching The Tom Green Show and were big fans of it," Green said. "They were excited about it and wanted to do it."

Green said his beer has a slightly sweet, chocolatey flavour.

"It's a real thick, healthy and delicious stout," he said. "It's definitely a great beer but it's not typical — and I think that people are going to like it a lot."

How Ottawa went Green

Born on a military base near Pembroke, Tom Green later moved to Ottawa, where he began his career as a rapper, radio-show host and standup comic.

- The Tom Green Show started on local public-access cable television in 1994 before landing on The Comedy Network and MTV. The success of the show led Green into a career in film, including movies such as Road Trip, Freddy Got Fingered and Charlie's Angels.

CLARINS Mademoiselle

With the purchase of two CLARINS products, one of which is skin care, choose one of three 5-piece Mademoiselle gift collections, until Monday, June 24. Up to \$65 value.*

Exclusively ours. Shop thebay.com

Choose from Trendy (featured), Urban or Natural.



GET MORE: Purchase one additional CLARINS skin care product and receive a free regular-sized One-Step Facial Cleanser. A \$36 value.*

HUDSON'S BAY
Thank you for your
CLARINS purchase
\$25

Hudson's Bay Credit Card bonus UNTIL SUNDAY, JUNE 16

Receive a \$25 Savings Card with any CLARINS purchase of \$75 or more** when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card. Exclusively ours. Shop thebay.com

While quantities last. Redeemable on your next purchase of \$100 or more** when you use your Hudson's Bay MasterCard or Hudson's Bay Credit Card. Valid June 12 to June 30, 2013.

HUDSON'S BAY

Shop thebay.com

twitter.com/thehudsonsbayco

facebook.com/hudsonsbaycompany

B b-insider.com

*While supplies last. One gift to a customer. Values are based on our per ml and/or g price for regular-sized products. Skin care products include all face, body, sun and CLARINS men's products. Available at select stores. Visit thebay.com/clarins for participating stores and more information. **Before taxes. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for details. Hudson's Bay Co., HBC, Hudson's Bay, Hudson's Bay Rewards, The Bay and their associated designs are trademarks of Hudson's Bay Company, used under licence. Credit is extended by Capital One. Capital One is a registered trademark. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. All trademarks used herein are owned by the respective entities. All rights reserved.

**"Our perfect Saturday
would be banking
on Sunday."**



We hear you. We have the most branches open Sunday.

Thanks to our Sunday hours¹, it's easier for you to bank when you want to. Come in today to open a TD Select Service or TD Infinity account and get the latest 7" Samsung Galaxy Tab.² When you're ready to switch banks, we're ready to listen.

Visit a branch, tdcanadatrust.com/switch or call 1-888-568-0953



Banking can be
this comfortable.



¹Individual branch hours vary. ²Offer available through July 19, 2013 but may be changed, extended or withdrawn at any time without notice. Conditions apply. See us for details. ©2013 Samsung Electronics Canada Inc., Samsung, GALAXY Tab are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. Product may not be exactly as shown. ®/The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly owned subsidiary, in Canada and/or other countries.



A website supporting Edward Snowden, the former CIA employee who leaked top-secret documents about sweeping U.S. surveillance programs, is displayed on a computer screen in Hong Kong Thursday. Snowden dropped out of sight after checking out of a Hong Kong hotel on Monday. The South China Morning Post newspaper said it was able to locate and interview him on Wednesday. It provided brief excerpts from the interview on its website. KIN CHEUNG/THE ASSOCIATED PRESS

Snowden: 'I'm not here to hide'

U.S. surveillance leak.

Former CIA employee says in new interview he hopes to use Hong Kong as a base to 'reveal criminality'

The former CIA employee who leaked top-secret information about U.S. surveillance programs said in a new interview in Hong Kong Wednesday that he is not attempting to hide from justice, but hopes to use the city as a base to reveal wrongdoing.

Edward Snowden dropped out of sight after checking out

Quoted

"(I) would rather stay and fight the United States government in the courts."

Former CIA employee Edward Snowden, who said Wednesday that he has had several opportunities to flee Hong Kong

of a Hong Kong hotel on Monday. The South China Morning Post newspaper said it was able to locate and interview him on Wednesday, providing brief excerpts on its website.

It said Snowden, who has been both praised and condemned for releasing documents about U.S. telephone

and Internet surveillance programs, said he was "neither a traitor nor hero. I'm an American."

Asked about his choice of Hong Kong to leak the information, Snowden said, "People who think I made a mistake in picking Hong Kong as a location misunderstand my intentions. I am not here to hide from justice; I am here to reveal criminality."

The newspaper quoted him as saying that he had several opportunities to flee from Hong Kong, but that he "would rather stay and fight the United States government in the courts, because I have faith in Hong Kong's rule of law."

THE ASSOCIATED PRESS

CIA's deputy director retires

CIA Deputy Director Michael Morell, who managed the resignation of CIA chief David Petraeus over an extramarital affair and defended the agency's performance over the attack on a U.S. diplomatic post in Benghazi, Libya, retired Wednesday.

Morell retired after 33 years at the CIA, including two stints as acting director and one as deputy director. He was passed over for the top CIA spot by President Barack Obama in favour of the president's counterterrorism adviser, John Brennan, who announced Morell's departure.

"I was most looking for-

ward to ... the opportunity to work side-by-side once again with Michael Morell," said Brennan, noting that they had begun their careers at the CIA in 1980. "As much as I would selfishly like to keep Michael right where he is for as long as possible, he has decided to retire to spend more time with his family and to pursue other professional opportunities."

Brennan said Morell will be replaced by Avril Haines, the first woman to hold that position. Haines has been a White House deputy assistant and deputy counsel for national security affairs since 2010. Before that, she was assistant legal



Michael Morell

EVAN VUCCI/THE ASSOCIATED PRESS FILE

adviser for treaty affairs at the State Department, according to a White House statement.

THE ASSOCIATED PRESS

Israel

Netanyahu to Iran: 'We will never allow another Holocaust'

Israeli Prime Minister Benjamin Netanyahu began his two-day visit to Poland, which Nazis occupied during the Second World War and where they committed the worst crimes ever against the Jewish people, with a warning about a potential Holocaust from Iran.

Netanyahu said Wednesday the "so-called" Iranian presidential election will "change nothing" in the Islamic republic's quest for nuclear weapons and that the regime will continue to pursue a bomb aimed at destroying Israel.

"This is a regime that is building nuclear weapons with the express purpose to annihilate Israel's six million Jews," Netanyahu said, alluding to the number of Jews killed by the Nazis during the Second World War.

"We will not allow this to happen. We will never allow another Holocaust."

THE ASSOCIATED PRESS

Cleveland. Castro pleads not guilty as defence aims to avoid death penalty

A man accused of holding three women captive in his Cleveland home for about a decade pleaded not guilty Wednesday to hundreds of rape and kidnapping charges, and the defence hinted at avoiding a trial with a plea deal if the death penalty were ruled out.

The death penalty is in play because among the accusations facing Ariel Castro, 52, is that he forced a miscarriage

by one of the women, which is considered a killing under Ohio law. That charge doesn't include a possible death penalty, but a prosecutor has said that's under review.

Attorney Craig Weintraub acknowledged that "certain charges in the indictment cannot be disputed" and said the defence was working to avoid an "unnecessary trial" with a possible death penalty sentence. THE ASSOCIATED PRESS



Ariel Castro enters the courtroom for his arraignment Wednesday in Cleveland.

TONY DEJAK/THE ASSOCIATED PRESS



It's nice to get a little something for switching your account.

That's why if you come in today to open a TD Select Service or TD Infinity account, you'll get the latest 7" Samsung Galaxy Tab! When you're ready to switch banks, we're ready to listen.

Visit a branch, tdcanadatrust.com/switch or call 1-888-568-0953



* Offer available through July 19, 2013 but may be changed, extended or withdrawn at any time without notice. Conditions apply. See us for details. ©2013 Samsung Electronics Canada Inc., Samsung, GALAXY Tab are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Other company and product names mentioned herein may be trademarks of their respective owners. Screen images simulated. Product may not be exactly as shown. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly owned subsidiary, in Canada and/or other countries.

Environment. Prominent U.S. Keystone critic to visit Alberta oilsands

One of the most prominent and recognizable critics in the U.S. of the proposed Keystone XL pipeline is coming to Alberta to have a look at the oilsands for himself.

Environmental lawyer Robert F. Kennedy Jr. says he doesn't expect the visit to change his opinion.

"It's hard for me to imagine that I would see a benefit that



Robert Kennedy Jr.

would make me change my mind on the tarsands," he said.

Kennedy said he's coming at the invitation of environmentalists and First Nations.

THE CANADIAN PRESS

Indecent robbery

Robber exposes himself before demanding cash

Police in Belleville, Ont., are looking for a suspect in an unusual robbery in a bank lobby. Police say a woman was using an ATM on Wednesday when a man approached her, exposed himself and demanded she withdraw money for him.

THE CANADIAN PRESS

Facing charges

Canadians caught smuggling \$59K in their bras

U.S. border agents say they have caught a Canadian woman and her teenage daughter trying to cross the border with \$59,000 hidden in their bras. The woman, Moura El-Asmar, is charged with cash smuggling and lying to a federal agent. THE ASSOCIATED PRESS

Military accused of intimidating witness

Defence committee. Soldier wounded during Taliban ambush allegedly told to tone down his testimony

Not the first time

It's not the first time the military has tried to intimidate serving members when it came to speaking out about problems with the care they receive.

- When former veterans ombudsman Pat Stogran held his farewell news conference in September 2010, complaining about bureaucracy and red tape, two soldiers at the event said they had been ordered by the brass not to speak publicly.



Pte. Glen Kirkland, in wheelchair, one of five soldiers injured in a direct fire explosion, attends a ceremony for fallen comrades in Kandahar on Sept. 4, 2008. TOBI COHEN/THE CANADIAN PRESS

a dishonourable discharge.

Liberal defence critic John McKay said that's tantamount to trying to intimidate a witness, and he put forward a motion calling on the committee to inform the Commons.

An attempt to "shape" testimony before Parliament is "as serious as lying to a committee," McKay said.

Kirkland, 29, said he suffers from survivor's guilt and severe post-traumatic stress.

The military recently presented him with a discharge plan that would have seen him out of uniform well ahead of the 10-year service mark he wanted to achieve for a full pension. THE CANADIAN PRESS



There is life after gambling – meaningful life.

If you have a gambling problem, consider sharing your story at GamTalk.org.

With a community of people who have struggled with the same issues, you'll find the support and hope you need to set your life in a new direction.



Share your story today.

Know your limit
Play within it

knowyourlimit.ca

olg.ca



Harper keeps busy in Europe

Free-trade. Prime Minister Stephen Harper won't put an 'artificial deadline' on European trade talks; meets U.K. PM today

Prime Minister Stephen Harper says arbitrary timelines

won't determine when Canada inks a free-trade pact with the European Union.

Harper told journalists Wednesday in London that his government will only agree to a deal when it meets Canada's best interests.

"Obviously, these have been long discussions. They're continuing. We have been making a lot of progress, and they are the biggest trade ne-

gotiations Canada has ever had," the PM said.

"Obviously this will be a big discussion this week — but ... that said, we are not going to set a timeline or a fixed date on which we're going to have an agreement."

Canada is under pressure to conclude a deal before the European Union turns its attention to free trade negotiations with the United

Content driven

"We will not arrive at an accord until such time as we think we have the best accord we can get for the Canadian people." Stephen Harper

States this summer.

THE CANADIAN PRESS



1 G8 summit. PM on whirlwind trip around Europe

Stephen Harper is in London until Thursday, when he leaves for Paris followed by Dublin before joining other G8 leaders in Northern Ireland for their annual summit. On Wednesday, he met the Queen. **THE ASSOCIATED PRESS**

2 Brussels talks. Easy time on wine and spirit rules: Sources

Sources close to the Canada-EU trade talks in Brussels say the two sides have had a relatively easy time settling on rules governing wines and spirits, but European vintners likely still view wine producers in Ontario and B.C. as receiving preferential treatment. **TORSTAR NEWS SERVICE**

3 G8. New disclosure rules for oil, gas & mining firms

Canada is adopting a G8 initiative that would require companies to disclose any payments they make to governments, the PM announced at a meeting with oil, gas and mining executives. **THE ASSOCIATED PRESS**

4 Tense. Demos on arms and G8

Mask-wearing protesters hold a banner at the London offices of a defence firm in an anti-arms demo. Three dozen protesters were arrested in the city this week in demonstrations against the G8 summit. **THE ASSOCIATED PRESS**

DAD'S FAVOURITE brands

40% OFF

Business & Laptop Cases
Wallets • Toiletry Bags
for men*

4 DAYS LEFT!

SWISS GEAR®

Samsonite®

KENNETH COLE

MANCINI

With over 300 locations across Canada, visit www.SHOPBENTLEY.com to find a location near you.

BENTLEY

Sale ends June 16, 2013.
*Applicable on Swissgear, Samsonite, Kenneth Cole & Mancini products only. Offer not applicable to prior purchases and cannot be combined with any other promotions. Product selection may vary per store. Applies to in-stock items only. Although we strive for accuracy, unintentional errors may occur. Details in stores. *Aeroplan is a registered trademark of Air Canada Inc.

Parking-snitch app pays you to help The Man

Winnipeg. (1) Snap pic of a parking violation; (2) send it to police or private lot operators; (3) get cut of fine; (4) try to live with your guilty conscience

Some entrepreneurial Winnipeggers are set to unleash an army of bounty hunters keen on nabbing people who park in disabled parking spots without a permit or in front of a fire hydrant. All that would be needed is a smartphone and the "spot-squad" app.

Co-founder Chris Johnson says he and his partners haven't yet signed any agreements to give informants a percentage of any ticket fines, but he adds that some private parking-lot operators are interested.

He says while many people say they would never snitch on a fellow driver, he expects

Legal minefield

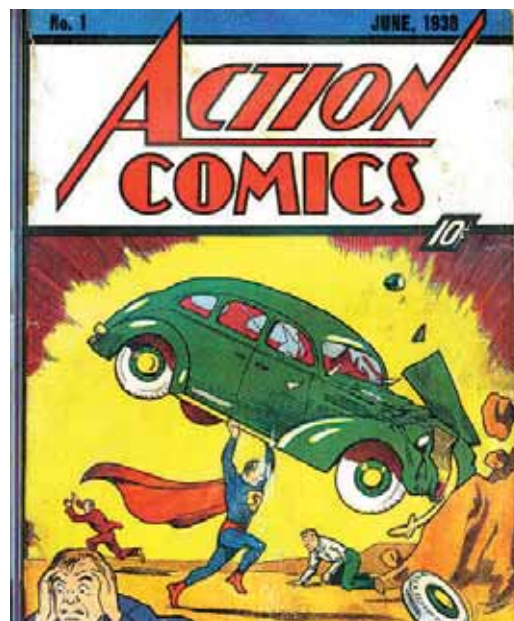
- Brian Bowman, a Winnipeg lawyer specializing in privacy and social media law, said the app could open up a legal minefield. Just because a car is parked in a public place doesn't mean the driver can't expect some privacy rights, he suggested.

they would privately jump at the chance to make a couple of bucks while cracking down on inconsiderate parkers.

The app would allow people to snap a picture of a parking violation and send the photo to police, private parking operators or city wardens. A parking warden could then be dispatched to issue a ticket.

If a ticket resulted in a fine, informants would get a cut or could direct the cash to charity.

THE CANADIAN PRESS



Comic book with a super story sells for \$175K

A rare copy of the comic book featuring Superman's first appearance that went undiscovered for more than 70 years in the insulation of a Minnesota house has sold in an online auction for \$175,000 US. The high bidder for the copy of Action Comics No. 1 was a "hardcore golden-age comic-book collector," said Stephen Fishler, CEO of ComicConnect.com.

COMICCONNECT CORP./METROPOLIS COLLECTIBLES INC./THE ASSOCIATED PRESS

Bank of Canada

Farewell bashes for Carney cost taxpayers \$30K

Saying goodbye to departing Bank of Canada governor Mark Carney last month cost Canadians about \$30,000.

Farewell bashes hosted by the Bank of Canada in Toronto, Montreal and Ottawa — and attended by the wealthy elite of Bay Street, among others — offered guests canapes, fine wine, floral arrangements and a harpist. Carney left his job May 31 for greener pastures at the Bank of England.

THE CANADIAN PRESS



Former Bank of Canada governor Mark Carney THE CANADIAN PRESS FILE

Prague

Czech firms show off flying bicycle

Is it a bike? Is it a plane? Three Czech companies have teamed up to make a prototype of an electric bicycle that successfully took off Wednesday inside an exhibition hall in

Social media

Facebook ushers in hashtags to help with search

Facebook is introducing hashtags, the number signs used on Twitter, Instagram and other services to identify topics being discussed and allow users to search for them.

Facebook said in a blog post that users will be able to click a hashtag to see a feed of discussions about a particular topic. For example, typing a number sign in front of "ladygaga" will turn the words into a link that users can click on to find posts about Lady Gaga. THE ASSOCIATED PRESS

Air travel

WestJet must compensate bumped fliers

The Canadian Transportation Agency says WestJet must provide compensation to customers bumped on flights to and from Canada.

The agency was responding to a complaint alleging that WestJet's international tariff — a contract between a customer and the carrier — has several "unreasonable and conflicting" rules for customers unable to travel because a flight has been oversold.

THE CANADIAN PRESS

Market Minute

DOLLAR
97.92¢
(-0.23¢)

Natural gas: \$3.77 US (+5¢)
Dow Jones: 14,995.23 (-126.79)

TSX
12,109.89 (-113.69)

OIL
\$95.88 US (+50¢)

GOLD
\$1,392 US (+\$15)



Observers watch a test flight of the remote-controlled Flying Bike in Prague on Wednesday. THE ASSOCIATED PRESS

LESS IS MOREgage

We'll cover your mortgage switch, appraisal or legal fees*

Less Stress. More Benefits.

*Limits apply. See in branch for details. **Rate subject to change without notice.



Alterna Savings
alterna.ca/MORTGAGES
613.560.0100

3.09%**
5-year Fixed Rate Mortgage

HERITAGE IN 2 CANADIAN MINUTES

O Canada! Let's fire up the burnt toast, cut holes in our peach baskets and gather in our house built of sod: The Heritage Minutes are back! Don't believe it? Well, the government has just put aside \$400,000 toward new Heritage Minute TV ads, according to The Canadian Press.

The money equates to two Heritage Minutes. This is big — like Upper Rebellion of 1837 big.

When the news spread around my workplace, it was as though the Heritage Minutes was the name of our favourite band and they were getting back together. "Oh my God I love them!!!" was the near-universal reaction.

There was even a generation gap: People over 40 looked deeply unimpressed, before arguing that the only true Canadian PSA series is Hinterland Who's Who. Squares.

For a more complete story of Hinterland Who's Who, they can contact the Canadian Wildlife Service in Ottawa. But if you're of a certain age, you know that Heritage Minutes are



HE SAYS
John Mazerolle
metronews.ca

where Canadian television exists in its purest form: Seventy-five mini-movies that are literally and figuratively all over the map.

Some are polished and professional; others look like YouTube high-school projects. "Film a 60-second short about Canadian history. Only one student may use Pierce Brosnan."

My personal favourite, because it was so poor, is about Marion Orr, first female pilot to land stock footage of an airplane onto a foggy soundstage.

It also contained a man being a slack-jawed moron at the sight of her, which was a running theme throughout the series. Between misunderstanding the meaning of Canada, mistaking Lake Michigan for the Pacific and laughing at female voters, teachers and doctors, the series could have been called, "White Guys Get It Wrong." Of course, this makes it a bang-on retelling of world history.

I'm thrilled the series is back, though I'm a bit distressed that there are only two planned. Surely we have it in us to produce another 75?

I have so many ideas.

For instance, to highlight our culture, imagine an extremely smug woman explaining to a stodgy American visitor that in Canada you can partake in such delicacies as Crispy Crunch, Coffee Crisp and Aero bars. "Chocolate filled with air bubbles. It's a Canadian idea." The American's head explodes.

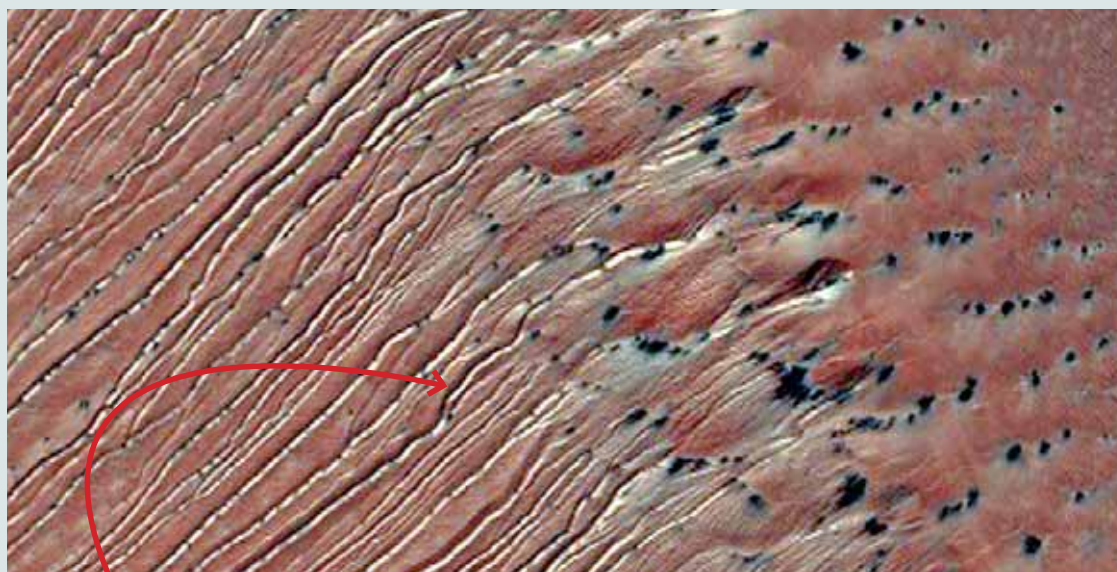
Or, in a special sequel to one of the most popular existing Heritage Minutes, we could see neurologist Wilder Penfield suddenly remember that he put bread in the toaster about five minutes ago. "Oh, yeah, right," he says, before taking a bite.

Or think of this inspiring scene: To explain our politics, we see a crowd of the disenfranchised gathered in Ottawa and chanting for their right to vote — louder and louder, braver and more sure of themselves, again and again. Then the camera pans to reveal ... Prime Minister Stephen Harper. "Sorry," he tells the assembled crowd. "Parliament is prorogued." He slams the door behind him.

If we don't film these important moments, people will rightly be asking, "Dang it, why didn't we shoot them?" With a bevy of new Heritage Minutes, we'll have a whole new bedrock of Canadiana to leave for our children, just like we had growing up. Now the people will know we were here.

ZOOM

Yes, Martians go sand duning



NASA/JPL-CALTECH/UNIV. OF ARIZONA

Dry-ice chunks create unique trails

If Martians did extreme sports, you can imagine they would leave trails like these.

Mars' strange grooves, or "linear gullies," on its sand dunes may have been made by sleds of sliding frozen carbon dioxide.

NASA's discovery is the result of examining images from the Mars Reconnaissance Orbiter

spacecraft. These grooves, spotted more than a decade ago, varied in length from only a few hundred metres to 2.5 kilometres and once posed a long-standing mystery as to how they were formed. Serina Diniega, planetary scientist at NASA, and her team managed to deduce that they are caused in springtime as the thawing layer of dry ice surfs down the Martian slopes.

METRO

Mars's climate

- **Wintertime.** Layers of solid CO₂ can reach thickness levels of two metres.
- **Springtime.** CO₂ sublimates (vaporizes without becoming a liquid) and chunks of the dry ice break off and surf down the slopes. The falling ice blocks are lubricated by the carbon dioxide dune, leaving the gullies behind.

Quoted



"MRO is showing that Mars is a very active planet. Some of the processes we see on Mars are like those on Earth, but this one is uniquely Martian."

Candice Hansen
Co-author of the Mars report

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

You are currently extremely bored. You 1) Turn your newspaper to the next page. 2) Fold your newspaper into a jaunty hat. 3) Read the space below and pull out your smartphone for a Twitter-based Choose Your Own Adventure.



ISTOCK

You're Assigned A Dangerous Mission

Buzzfeed founder Jonah Peretti (@peretti) created the first fully fleshed out Twitter CYOA three years ago (correct me if I'm wrong) and I've taken a few runs through it since. Hint: Accept the mission. (bit.ly/Start-The-Adventure)

@Urtwitventures

A very scary situation on a bus paves the way for paths that frequently end

with your high-concept death in this yarn from Weird Twitter stalwart @urfavoritejoel. (bit.ly/15XrM1Y).

Choose Your Story

Not on Twitter? While that's a shame, that's no reason to be excluded from the fun. Choose Your Story is a community-curated website of CYOA tales, many with a classic role-playing-game influence. (chooseyourstory.com)

Comments

RE: Forget Where's Waldo? Where's Senator Pamela Wallin? Is More Like It, published June 9

It's despicable to see people being handed "cushy" positions in Ottawa, only to hear they've taken further advantage of the position to milk the taxpayers for even more money. These recent examples are a SCREAMING call for reform. And not just the senate. **UH Toronto posted**

to metronews.ca

She was at the same time chair of the Senate Defence Committee and on the board of directors (paid) of an investment advisory company. Doesn't the government have any rules about conflict of interest???? **phil jacobs posted to metronews.ca**

What about the condo in New York City? Don't see that mentioned!

Harry J. Smith posted to metronews.ca

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawalletters@metronews.ca

SCENE 2

You mean I don't get a beret?

Profile. Local painter tells his tale of trying to make it work as a full-time artist in a city not exactly known for it



BACKSTAGE PASS

Samantha Everts
ottawa@metronews.ca

There's a common misconception that for an artist to really make it, they have to leave Ottawa. Local painter Andrew King is proving that notion dead wrong.

After graduating from the Television Animation program at Algonquin College in the late '90s, King immediately started working for animation studios locally and across Canada. But, as animation turned more digital, he says a lot of companies started to fold or cut back, leaving him without work for months.

"In between contracts, I just started painting because I always wanted to try it," says King. "Once I got back to a full-time gig, I put the paintings away."

But, when that job wrapped up, King decided he was going to try painting for one full year to see if he could support himself.

"It's been eight years since," he says.

"There's a great art community in Ottawa that supports local artists, so I'm thankful for that."

But, he admits, it's not easy being a full-time artist.

"It's not all wearing horizontally striped shirts, drinking wine with a beret on, painting," he jokes.

"You have to be a bit of an entrepreneur; there's a business side to things. You

Facebook

Andrew King will be featuring his art at The New Art Festival on Saturday and Sunday at Central Park in The Glebe.

- **Online.** Admission is free. For more, visit newartfestival.ca or andrewkingstudio.com

Fantasy vs.

"Don't think it's a bed of roses and you're just going to be painting."

Andrew King
On living an artist's life.

have to be pounding the pavement, calling galleries, entering exhibitions. I would put the ratio at 60 per cent paperwork and 40 per cent actually painting. You've just got to work hard and find some shows. You have to have work in a lot of different places so, if something doesn't sell somewhere, it might sell somewhere else."

King, who describes his artistic style as nostalgic, contemporary and heavily based on '30s to '60s advertising, says, while it's great to have your artwork featured in a gallery, artists have to pay 50 per cent commission to that gallery when their art sells and that's why it's important for artists to hold their own exhibitions.

"An artist's job is not what you think it is. You have to be half business and half artist. You've got to work at it. Don't think it's a bed of roses and you're just going to be painting — that's a mistake a lot of artists make."



Andrew King says there is more to being an artist than, "wearing horizontally striped shirts, drinking wine with a beret on, painting." HANDOUT



restaurant • pub
D'Arcy McGee's
established 1996

44 SPARKS STREET, OTTAWA
(613) 230-4433

CRAFT ADDICT THURSDAYS

HYSTERIA IS THE CLOSEST THING THESE CRAFT BEERS WILL EVER MASS-PRODUCE

15 oz. & 20 oz.
DRAUGHT or BOTTLE

\$5

TWO FISTED FRIDAYS

GREAT PRICES FOR BEER AND WINE THAT WILL DOUBLE YOUR FUN

TWO
15 oz. &
20 oz.
DRAUGHTS...

\$11

TWO 5 oz.
GLASSES
OF HOUSE
WINE

\$10

LIVEMUSIC

CHECK OUT OUR LIVE MUSIC LINEUP AT:
[f /sparks.darcymcgees](https://www.facebook.com/sparks.darcymcgees)



Fred Armisen, left, and Carrie Brownstein are the only two characters with any grip on reality in Portlandia. HANDOUT

Portlandia is as sustainable as ever

Two more seasons. Comedy renewed for more eco-friendly, cage-free zaniness

In the last season of Portlandia, the mayor of this sustainability-obsessed city vanished in shame after he was singled out as Portland's "No. 1 electricity hog." Portland went into a blackout, cats barked, creepy music played, and a bizarre Australian who calls himself "Birdman" told guests at a bed and breakfast "there is no civilization."

Carrie and Fred — about the only characters in Portlandia with any grip on reality — tracked down the mayor at a compound in the wilderness where he was leading a band of savages, a la Colonel Kurtz in Apocalypse Now.

"Do you come as assassins?" asks the muddled mayor, played by Kyle MacLachlan.

It's impossible for Fred and Carrie to get through to him, until they reveal that Seattle — Portland's archival for hipness and progressivism — is about to take over their fair city.

"Under the cover of darkness, they might erect a Space Needle in Portland," says Carrie, rousing the mayor from his stupor and prompting him to return to his office to get the lights turned back on.

And so ended season three of Portlandia.

There is a line from the first season of Portlandia that quickly became the show's trademark: "Portland is a city where young people go to retire."

That's not the case for the creators and two stars of the show — Portlander Carrie Brownstein and Fred Armisen of Saturday Night Live fame. They are always looking for new ways to keep the show from getting stale.

Season three, which ended this past March, was driven less by short sketches and more

Quoted

"Five seasons intuitively feels like the right amount of time for Portlandia to be around."

Carrie Brownstein on how long Portlandia should be around.

by narrative and character development. The cable channel IFC said Wednesday it's picking up the show for two more seasons. They will premiere early next year and in 2015. Brownstein says the show will continue on the longer-narrative path, with more exploration of the dark side.

It's too early to say what's going to happen after 2015. But that might be the end of the road for Portlandia.

"I'd like to develop and write other shows, comedy of some sort," the 38-year-old Brownstein said.

THE ASSOCIATED PRESS

BRiO

JANTZEN

we'll help you find the perfect swimsuit for your perfect summer

380 Richmond Road & 911 Bank Street

Indigo bestsellers

NOW 40% OFF

Our Top 20 are NOW 40% off. In-store. Every day.



1. INFERNO Dan Brown

In the heart of Italy, Harvard professor of symbology Robert Langdon is drawn into a harrowing world centered on history's most enduring and mysterious literary masterpieces — *Dante's Inferno*.

Last Week: 1 / Weeks on List: 3



2. REVENGE WEARS PRADA Lauren Weisberger

Almost a decade has passed since Andy Sachs quit Runway Magazine working for Miranda Priestly. She never suspected that her efforts to build a bright new life would lead her back into the path of the devil herself.

Last Week: 2 / Weeks on List: 2

This Week

Last Week Weeks on List

★ 3. SILVER STAR Jeannette Walls	-	1
4. KILL ROOM Jeffery Deaver	4	2
5. DELICATE TRUTH John LeCarre	5	6
6. ZERO HOUR Clive Cussler	6	3
7. WEDDING NIGHT Sophie Kinsella	7	8
★ 8. ONE HEART TO WIN Johanna Lindsay	-	1
9. BEST KEPT SECRET Jeffrey Archer	9	7
10. PARIS Edward Rutherford	10	8
11. SWEET TOOTH Ian McEwan	11	6
12. FLIGHT OF THE EAGLE Conrad Black	12	4
13. DEAD EVER AFTER Charla Harris	3	6
14. COOKED Michael Pollan	8	8
15. TRANSATLANTIC Colum McCann	15	2
16. WILD Cheryl Strayed	16	11
17. LET'S EXPLORE DIABETES WITH OWLS David Sedaris	17	8
★ 18. RED SPARROW Jason Matthews	-	1
19. FULL COUNT Jeff Blair	19	7
20. DOUBLE CROSS Ben Macintyre	20	5

Combined Fiction and Non-Fiction Bestsellers for the week, ending June 17th

★ New this week

Indigo

Chapters

Coles

Connect with us [f](#) [t](#) [p](#) /chaptersindigo

IN-STORE ONLY: 40% discount applies to in-stock books featured on Indigo's Top 20 English Bestseller list at time of purchase. Bestseller list which gets updated regularly is determined by Indigo Books & Music Inc. Not valid in conjunction with any other offer or promotion excluding everyday rewards discount and cannot be used to adjust amount paid on previous purchases. Offer may change or end at any time without notice. Indigo, Chapters and Coles are trademarks of Indigo Books & Music Inc.

Online Bestsellers. Top 50 are 50% off at **indigo.ca**

OTTAWA'S
LARGEST
THEATRE FESTIVAL

300+ SHOWS
JUNE 20 - 30, 2013

BUY PASSES ONLINE
OTTAWAFRINGER.COM

10 SHOWS...\$75
5 SHOWS.....\$45
1 SHOW.....\$10

100% OF SALES GO TO ARTISTS

Logos at the bottom: Northern Army, a, wine rack, metro, LIVE88-5am, Rideau, Ottawa, 35, vOttawa, Ottawa International Festival, Ottawa City Council, Canada, Canadian Heritage, Patrimoine canadien.

She's got bite — and a funny bone

True Blood. Actress Kristin Bauer Straten talks about her strong female character and what she's doing this season (no spoilers)

ALEXANDRA CAVALLIO
Metro World News in New York

When we last left HBO's *True Blood*, the war between the humans and the vampires had just reached a boiling point and the air was thick with the threat of impending violence. Well, more violence. A lot of blood is spilled in this show, but there's a lot of humour as well. More than most shows of its ilk (except, perhaps Showtime's *Dexter*) *True Blood* has managed to strike a fine balance between darkness and light. Pam — the bisexual, acid-tongued, bar-owning vampire, who stomps all over human and vamp underlings alike in spike-heeled boots — exacts violence and comedy in equally skilled measure. We checked in with Kristin Bauer Straten, who plays Pam, before the sixth season

premieres on June 16.

What can you tell me about what's going on with Pam this season, without revealing any spoilers?

That's always the challenge, isn't it? We've been shooting such long hours all week that I've got to get caught up on the trailers so I know what they reveal. I think it's safe to say there is a human-vampire conflict that's escalated from what the Authority did last year. And that, of course, causes problems for Pam. So she's trying to figure out her relationship with her new baby/lover, you know, Rutina (Wesley, who plays Tara). And she's just reunited with her Maker; she wasn't sure if he was alive. And then, on top of it, the humans are fighting back.

When the show first started, did you know that Pam was going to become such a big part of the show?

I definitely did not. Yeah, that was a really lovely surprise because, when I auditioned, they said that it was a guest starring role, possibly recurring. And first season, once Alex (Skarsgård) and I started they kept calling us back. But season two, there wasn't as much Pam. So all of a sudden when

season three came around and they started adding quite a bit more Pam, that was a lovely surprise because I love the role and I also love the people I'm working with. We have so much fun. They're very, very fun people. The hours are long so it makes a huge difference.

Pam is actually one of my favourite characters on the show, and she has really evolved: straight-up evil in the beginning, but now they're revealing a lot more layers. Do you think she's more good than bad?

I don't know if it is a bad sign, or if I'm becoming sort of delusional, but I don't know if she's good or evil — but she's definitely... correct. I feel like what she says, we're all thinking. You know, she only kills bad people. I feel like she's a little bit of the person we all wish we could be, but we wouldn't be able to maintain jobs and friends (laughs). And Pam is lucky enough to have stepped out of, on purpose, all of those concerns. And, you know, to be top of the food chain, she doesn't have to worry about liking anybody or vice-versa, people liking her especially. I just think it's really refreshing.



True Blood season six premieres on Sunday. HANDOUT

Put dad on read alert this Father's Day

If you don't have time to golf or fish with your old man, you could at least get him a book about those things. Look no further than this list of books. Whether he is a fly-fishing fan or wants to hunker down in a transatlantic adventure, here are our picks for pop.

ALISON BOWEN
Metro World News in New York City

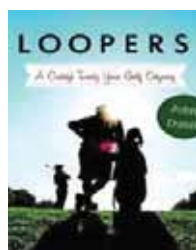


Very different journeys across the pond

TransAtlantic, a new novel from National Book Award winner Colum McCann, weaves a story detailing three different crossings of the Atlantic in dynamic time periods, from an Irish famine to a modern-day presidential visit from Barack Obama. The novel moves through 150 years and two continents, starring historical figures including Obama and Frederick Douglas alongside characters like aviators attempting the first nonstop flight.

For golf laughs and maybe a few tears

The new memoir "Loopers: A Caddy's Twenty Year Golf Odyssey" tracks decades of caddy adventures. John Dunn says this wasn't the long-term goal he envisioned, but he ended up appearing at golf courses across the country, hitchhiking to get to some of the fanciest greens in the nation. He tells tales of assisting everyone from regular golfers to movie stars — and making as much as \$500 a day in tips. But it's not all laughs. The book also touches on problems that plague caddies, like heavy drinking and gambling.

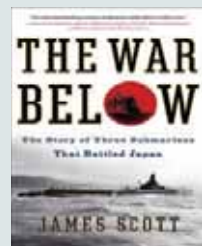
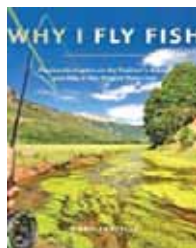


Strengthen a father-daughter relationship

In The Entertainer: Movies, Magic and My Father's Twentieth Century, Margaret Talbot, a writer for the New Yorker, weaves old Hollywood stories and family legends together from the life of her father, actor Lyle Talbot. As well as following along on his adventures, the book also tracks changes in the entertainment industry.

Catch this fly fishing classic for him

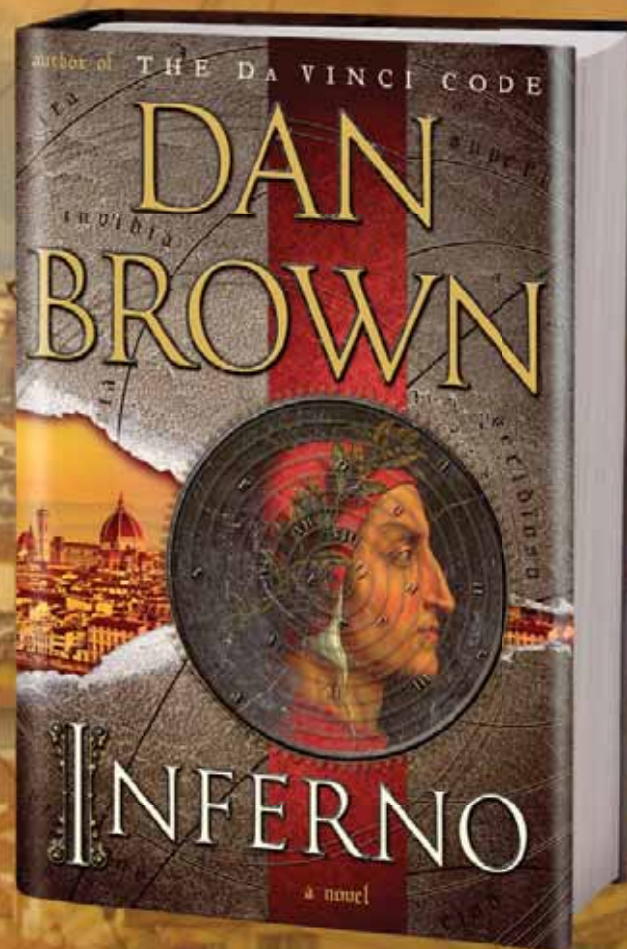
Fishing books might be a classic dad gift, but get him a tailored book toward one specific type of fishing this time with Why I Fly Fish by Chris Santella. The author interviewed 25 fishermen, from fly-fishing professionals to celebrities like Henry Winkler, all explaining their personal reasons for the pursuit.



Take him on a historic, sub-aquatic adventure

This new book takes an underwater view of the Second World War. In The War Below: The Story of Three Submarines That Battled Japan, James Scott describes a submarine force that destroyed a Japanese merchant fleet, hurting that country's economy. Tales include an undersea appendectomy with kitchen utensils. Drawing on diaries, letters and interviews with veterans, this is a fresh story for any Second World War fan.

THE #1 INSTANT BESTSELLER
THE NEW ROBERT LANGDON THRILLER FROM
DAN BROWN
AUTHOR OF THE DA VINCI CODE AND THE LOST SYMBOL



THE PERFECT
FATHER'S DAY
GIFT!

PLUNGE INTO THE MYSTERY!
WWW.DANBROWN.COM



AVAILABLE WHEREVER BOOKS AND E-BOOKS ARE SOLD
RANDOM HOUSE OF CANADA LIMITED

[Facebook.com/RandomHouseofCanada](https://www.facebook.com/RandomHouseofCanada) [Twitter](#) [Pinterest](#) [Google+](#) [Instagram](#) [RandomHouseCA](#)

Bell rings in a change – and backs under-fire Bynes

Amanda Bynes has at least one person in her corner: Former *The Amanda Show* co-star Drake Bell is standing up for the troubled actress despite her recent arrest and frequent Twitter tirades. “I talk to her every day. She’s a sweetheart. I had lunch with her yesterday, and she’s brilliant. She’s good, and she’s healthy,” Bell tells *OK! Magazine*. “It hurts me and it upsets me” the way the media has been portraying Bynes, he explains. “Anytime I’ve ever been with Amanda, she’s totally coherent, totally there,



Amanda Bynes

totally everything,” he says. “I’m like, ‘Dude, you come off crazy.’ She’s like, ‘I know, but I don’t mean to. I just changed the way I look!’”



Penn Badgley

Badgley and Kravitz split but ‘on good terms’

Gossip Girl star Penn Badgley and Zoe Kravitz have reportedly called it quits after nearly two years of dating, according to *Us Weekly*. “It is all good between them. It wasn’t a sad

breakup,” a source says. “It just wasn’t working. It really did end on good terms, though. They are at two different stages in their careers. They just didn’t have time for each other.”

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Kruger and Jackson to do marriage U-turn

After seven years of dating — and insisting that marriage isn’t that big of a deal to them — Diane Kruger and Joshua Jackson have reportedly changed their minds and are ready to tie the knot, according to *Us Weekly*. “Josh and Diane are very close to

getting engaged,” a source close to the couple says. “They decided they’re ready for the next step. They’re excited!” The source says Jackson is planning to propose this summer and the wedding will happen “imminently.” The *Fringe* star was singing a completely different tune a year ago, telling the magazine, “Marriage is important for the people it’s important for, but neither one of us is particularly religious, so I don’t think there’s any particular push.”



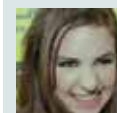
Twitter



@kerrywashington
I just <3 NYC



@josswhedon
Based on the amount of sleep I got, today’s interviews are going to be a hoot!



@lenadunham
Fact: I only weigh myself on rusty scales in foreign countries. Otherwise, I go by how my bracelets are fitting.



Justin Bieber ALL IMAGES GETTY

‘Bad’ boy Bieber’s fans all heading in One Direction

At least one group is feeling good about Justin Bieber’s recent scandals and bouts with growing pains. “One Direction is benefiting greatly from Justin’s a-hole behaviour,” a source tells *Radar Online*. “All of the little girls that loved Bieber don’t love him anymore because ‘he’s bad’ and they are moving on to One Direction. The parents of

these young fans are resentful of Justin’s behaviour and don’t think he’s a wholesome influence on their children anymore. So they’re pushing for their kids to like One Direction instead.” And the changing attitudes toward Bieber aren’t lost on the British boy band. “Both them and their team is fully aware that they are gaining fans who used to love Bieber, and they know it’s the perfect time to capitalize on it and swoop in to replace him,” the source adds.

THE REWARDS
YOU WANT

20x
faster

SATURDAY, JUNE 15

20x
THE SHOPPERS
OPTIMUM POINTS®

WHEN YOU SPEND \$50 OR
MORE ON ALMOST ANYTHING
IN THE STORE.*



FREE
feels good™



SHOPPERS
DRUG MART



*Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. @ 911979 Alberta Ltd.

The weather has warmed up and your dance card is full.
Give your go-to black dress a breather and embrace colour, prints and texture instead.

TINA CHADHA
Metro World News

Tibi

Spectator
strappy dress
\$385,
tibi.com



Clover Canyon

Turquoise valley
dress
\$246,
clovercanyon.com



Reformation

Fiore dress
\$288,
thereformation.
com



Alice and Olivia

Gabby beaded
lace dress
\$597,
aliceandolivia.
com



8

Frocks to rock this summer

Zara

Printed pleated dress
\$80,
zara.com



Suno

Cutout dress
\$315,
sunony.com



Yoana Baraschi

Mediterranean art
party dress
\$495,
yoanabaraschi.com



Ted Baker

Cristen dress
\$425,
tedbaker-london.com



THE GREATEST CLUB SINCE "SANDWICH"

JOIN CLUB METRO TODAY!
CLUBMETRO.COM



ALEXIS BITTAR POP UP SHOP NEW COLLECTION + TAXES OFF

RIDEAU
JUNE 14 - 16
50 RIDEAU ST.

GLEBE
JUNE 14 - 16
799 BANK ST.

WESTBORO
JUNE 14 - 16
430 RICHMOND RD.

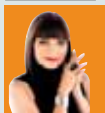
magpie
Jewellery

RIDEAU • GLEBE • WESTBORO
MAGPIEJEWELLERY.COM • 1-888-9-MAGPIE
FOLLOW US ON: FACEBOOK TWITTER



3 TIE

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



With my beautiful boys Dean+Dan @DSquared2, helping raise awareness for the Wildlife Trust @ShnriLaTO



For those who couldn't see the old 1980 shot of me on The New Music wearing Betsey-Voila! Shot at Sam the Record Man

The Kit

Canadian street style

Spotted in: Vancouver

Bronte
Fashion Designer
Age:21

What she's wearing
Vintage top, Nine-west shoes, watch and shorts from Guess, bag from BCBG, sunglasses from Dior.

Her inspiration
"I'm very inspired by this beautiful sunny day so I just wanted to put on a cute pair of shorts."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT - AN E-NEWS-LETTER PROGRAM - AND A WEEKLY NEWSPAPER SECTION TOO!



Trends Report

- Up and coming Canadian designers are often a hidden treasure in the fashion industry. In Trends Report's Canadian By Design segment, we profile Flurries: a comfort footwear company that started as a small kiosk in B.C. but has grown into a national brand.

Go on to metronews.ca/voices/trends-report to find out more.

Follow Irene on Twitter at @MetrolreneK



laVie en Rose

OUTLET

SALE
WOW

UP TO

70%
OFF ON SELECTED STYLES

OFFER BEGINS JUNE 12, 2013

SWIMSUIT

\$19.99
THE SET
Reg. up to \$66.95



LACE OR SATIN
CHEMISE

\$6.99 EA.
Reg. \$19.95



TANK TOP
FOR MEN

\$3.99 EA.
Reg. \$9.95



FLIP FLOPS

\$1.99 THE PAIR
Reg. \$9.95



COTTON PJ

\$8.99 THE SET
Reg. \$29.95

While quantities last. Models and colours may vary from store to store. Other special offers also available online.

LAVIEENROSE.COM

VALID IN THE FOLLOWING LA VIE EN ROSE OUTLET STORES ONLY

• OTTAWA TRAIN YARD - 550 Terminal Ave. (Bldg. B, Unit 10), Ottawa (corner Industrial Ave.) (613) 241-6433

• HULL SMARTCENTRE - 75, Boul. du Plateau, Gatineau (819) 595-5481



MORE SALE ITEMS AVAILABLE!



BUYING CANADIAN HAS NEVER FELT SO GOOD.

Always Liners feel comfortable and
they lock away wetness 5x better*.
Plus, they're made right here in Canada.
That's comforting to know.

always



*vs Always Incredibly Thin Liners.
†With domestic and imported parts - Avec des matières nationales et importées

Available at



FATHER'S DAY IS THIS SUNDAY.
Buy him a **Braun** shaver.



BRAUN
Series 7

metro

FATHER'S DAY

Thursday, June 13, 2013



Father's Day coincides with the summer grilling, so think about a gift of a stainless steel barbecue set for dad. MONKEY BUSINESS IMAGES/VEER

Specialized gifts for the special dad

Interests. From gadgets to sports and barbecue, find the perfect present this Father's Day

Buying something special for dad this Father's Day and want to forego the usual tie and cologne?

Consider some of these ideas — from the dad who feels at home in the kitchen to the dad who prefers to be one with nature, find the perfect gift that yours will love.

The gadget guy

For the dad who loves tech toys, a satellite radio will provide hours of entertainment, for the car and to take on-the-go. The commute to work will be more enjoyable as he listens to his choice of sports, talk, comedy and com-

mercial-free music or catches up on the news. Enhance the backyard barbecue party by turning up the volume for E-Street Radio, Bruce Springsteen's 24/7 music channel or catch the latest updates on the game from ESPN without having to step away from the burgers and great weather.

The sports fanatic

If pops is an avid baseball or soccer fan, give him the gift of a family sports day, with tickets to his team's next game for an outing you can all enjoy with him. Don't forget to treat him to some traditional stadium fare — hotdogs, popcorn and a refreshing beverage will make dad more than happy as he cheers on his favourite players.

The chef

Father's Day coincides with

the summer grilling season. Consider a gift of a stainless steel barbecue set. Dad will appreciate the look and feel of the tools for making the perfect summertime backyard meal for friends and family.

The outdoorsman

Is dad restless unless he gets outside, regardless of the time of year or season? Consider getting him into a new outdoor hobby to pass the time — a fishing rod, golf clubs, or even a pair of snowshoes might be just the ticket for a unique gift that will and impress.

Whatever you decide to gift dad with this year, don't forget that a hug and an appreciative thanks for being "the best dad ever" is more than enough in his eyes, and one you will be sure he will love.

NEWS CANADA



Consider introducing dad to a new hobby, like fishing. ANDY DEAN/VEER



Make every day a Happy Father's Day



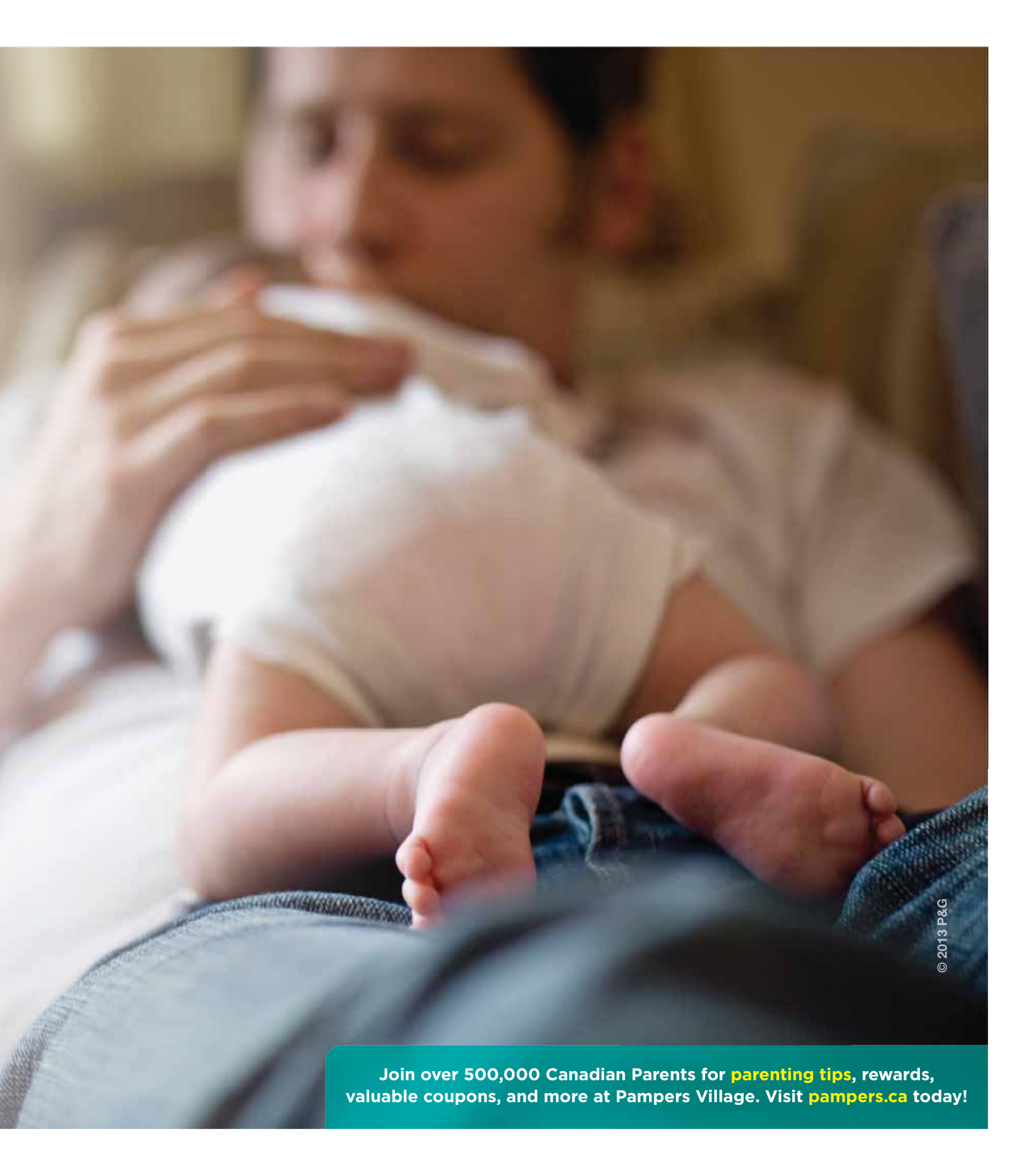
Wetness
Indicator†

One touch, and you're hooked. That's the power of Daddy and baby bonding. Enjoy every minute without fear of a leaky diaper. Pampers® Swaddlers®, **the #1 choice of Canadian parents***, is the best choice for newborns, and that makes choosing the right diapers easy. With their **colour-changing Wetness Indicator**, you'll know when it's time to change your little darling, which means more quality time with less worry. Plus, their **quilted softness, stretchy sides, overlapping fasteners** and **umbilical cord notch** wrap your baby securely in cozy comfort.



*Based on Swaddlers sizes NB, 1 & 2 sales

†available in sizes N, 1 & 2



© 2013 P&G

Join over 500,000 Canadian Parents for **parenting tips**, rewards, valuable coupons, and more at Pampers Village. Visit **pampers.ca** today!

Health. Share these messages with dad

Father's Day is reserved for celebrating the men in our lives. Whether it's grandpa, dad, an uncle, or a husband, families do what they can on this day each year to make each man feel special and appreciated.

While a new tie, a round of golf or a pair of game tickets may be well-received, the most generous gift one can give is information that will help him take stock of his health and well-being.

Here are five important messages to share with him this Father's Day — or any day of the year:

- **Eat well:** It's important to make healthy choices and consume a well-balanced diet consisting of whole grains, vegetables, fruit, milk and alternatives, protein and healthy fats each day to provide the body with the energy, vitamins and minerals it requires.

- **Be active:** According to the Canadian Physical Activity Guidelines, being active for at least 150 minutes per week can help reduce the

risks of heart disease, stroke, high blood pressure, Type 2 diabetes, osteoporosis, obesity, premature death and certain types of cancer. Exercise also promotes improved fitness, strength and mental health.

- **Laugh more:** Research shows laughter is a great medicine. Humour produces psychological and physiological effects on the body that are similar to the health benefits of aerobic exercise.

- **Get checked:** Though many men tend to avoid their doctor, an annual visit is highly recommended by health-care practitioners. It allows for necessary tests to screen for a variety of health issues and help to flag anything that could be cause for concern.

- **Address issues:** If his strength and muscle tone aren't the same as what they were last summer, or he isn't himself lately (irritable mood, lack of concentration, low energy, etc.), it's important to investigate.

NEWS CANADA



The most generous gift one can give a father is information that will help him take stock of his health and well-being. NEWS CANADA

The outdoorsman



The Resource Casting Rod and Reel brings modern engineering to an age-old pastime. The IM6 graphite rod is six-feet, six-inches long and features a natural cork handle. \$69.99 (rod) and \$89.99 (reel) at Canadian Tire. canadiantire.ca



Nike VRS Covert Driver features a 460cc head, adjustable from 8.5 to 12.5 degrees of loft, and more. \$339.99 at all Sport Chek stores with a Nevada Bob's Golf specialty shop, and at sportchek.ca.



It's not just Father's Day — it's summer, too. Help dad enjoy the weather atop a lightweight MEC Col Ltd. Bicycle. \$1,100 at Mountain Equipment Co-op and www.mec.ca.



Richmond Hoody: Part of the Canada Goose Branta Spring Collection, this piece weighs only half a pound and is available in several colours. Suggested price, \$525. canada-goose.com.

Toys for the techie

MIKE
YAWNEY
For Metro

Homemade cards and ties make cute gifts for dad, but if you really want to impress this Father's Day some high-tech gadgetry is in order. Here are a few of the best picks to put a smile on your dad's face.

Braun CoolTec — \$149.99 and up

Say goodbye to razor burn. Featuring CoolTec, this is the only electric shaver that

chills your face as you shave to reduce irritation. This wet/dry shaver also features a long hair trimmer and can last 45 minutes on a single charge.

FitBit Flex — \$99.99

Perfect for the active dad. FitBit Flex allows you to set a fitness goal then track your steps, distance, and calories burned. Wear it at night and it will not only track sleep patterns, but will gently wake you with a silent alarm. Don't expect it to help out with your dad's snoring.

Logitech Harmony Ultimate Remote — \$349.99

Control up to 15 devices with one remote. This ultimate home theatre gadget com-

bines physical buttons with a customizable touch screen. The best part is it will communicate with your devices through closed cabinets and walls via IR and Bluetooth. Compatible with more than 225,000 home theatre devices.

HTC One — \$649.99 (without contract)

With its sleek aluminum body, The HTC One is a great choice for the stylish dad in your life. This Android device features an impressive 4.7-inch HD display along with dual front speakers to create a truly impressive sound experience. The phone can also double as

a remote for your home theatre.

iMac — \$1,299 and up

The re-engineered Mac matches beauty with performance. Featuring ultra-fast processors and powerful graphics performance, this all-in-one is perfect for work and play. Splurge for the new Fusion Drive, which monitors the applications and files you use the most and prioritizes their boot time and access. The five-millimetre outer edge makes this computer the centre-piece of any home office.

Libratone Zipp — \$399.95

Incredible sound from such a small device. The Libratone Zipp lets you stream music from any Apple device using AirPlay technology, even if there is no Wi-Fi available. Speakers last four

hours on a single charge and are wrapped in Italian wool, making them look as good as they sound.

Kindle Fire HD — \$214 and up

Finally available in Canada, Amazon's Kindle Fire HD tablet brings games, web browsing, apps and more than one million eBooks with you wherever you go.

Clockwise, from top left, HTC One — \$649.99 (without contract), Braun CoolTec — \$149.99 and up, iMac — \$1,299 and up, Logitech Harmony Ultimate Remote — \$349.99, Kindle Fire HD — \$214 and up.



THE BEST FATHER'S DAY GIFTS ARE MOMENTS LIKE THESE


BOSTON PIZZA
FOUNDATION

Thank you Boston Pizza Foundation and Boston Pizza franchisees, for helping build heart-smart communities and save lives across Canada. Your support over the last five years has resulted in close to 250 life-saving automated external defibrillators (AEDs) being placed in public spaces — ready and waiting to stop cardiac arrest from taking its next life.

Thanks to your contributions, thousands more Canadians have been trained in the life-saving skills of CPR and how to use an AED. There are as many as 40,000 cardiac arrests in Canada every year and defibrillation — when used with CPR — can improve survival rates by up to 75 per cent. Learn how you can help save a life, visit heartandstroke.ca.

Registered trademarks of Boston Pizza Royalties Limited Partnership

MAKE HEALTH LAST



HEART &
STROKE
FOUNDATION

Dressed to the nines



Dad can enjoy the shade anytime with the Barbour Trilby Hat — a woven and blocked straw chapeau adorned with a tartan band. \$85 at Sporting Life. sportinglife.ca.

New York Playboy Body Spray, a scent of the good life, featuring a fresh, woody fragrance with top notes of fusing aldehydes, limes, and vinyl accords. Suggested price: \$5.99. coty.com.



O'Neill's Blakey Jack Collection button-down shirt brings classic back, combining a vintage slub weave with contrast stitching and faux wood buttons. \$70 at oneilleshop.ca.



The dual time-zone Longines Conquest 24-hour GMT Watch features sapphire glass with anti-reflective coating; rhodium-plated hands; and a stainless-steel bracelet. Suggested price: \$1,600. For authorized retailers, visit longines.com.



Sterling silver Scrabble cufflinks incorporating real, full-sized Scrabble tiles — perfect for the wordy-yet-stylish man. \$248 at Studio1098. studio1098customjewellery.com



Dark Amber blends the scent of fresh bergamot with warm amber—producing a cologne both spicy and tough. \$29.50 at Bath & Body Works and bathandbodyworks.com.



ECCO's Tour Hybrid Wingtip is a durable crossover shoe that lets dad transition to golf course from office without changing. From \$240 at ECCO locations, eccocanada.com, and other retailers.

LUSH Dirty Range is a line of personal grooming products for dads who like to get their hands dirty. It includes hair gel, body wash, shampoo, and more. \$3.95 to \$28.95 at LUSH locations and lush.com.



FREE
ULTRAAVX
AUDIO VISUAL EXPERIENCE
MOVIE PASS*
OR
1,000
SCENE
POINTS!



*WHEN YOU BUY ANY MOVIE OR TV SERIES FOR DAD!
THOUSANDS OF TITLES TO CHOOSE FROM AT CINEPLEX STORE.COM

OFFER ENDS JUNE 30TH 2013

*Terms and conditions apply. With Cineplex Entertainment LP or most major licenses.

Some say
**FATHER
KNOWS BEST.**

*Let him choose a gift
from the LCBO.*



*Say Happy Father's
Day with an LCBO
or VINTAGES gift card.*



Available at LCBO stores, select retailers and [lcbo.com/ordergiftcards](https://www.lcbo.com/ordergiftcards)
Gift cards are available in denominations between \$10 and \$500, do not expire and can be redeemed for any LCBO or VINTAGES product.

PLEASE DRINK RESPONSIBLY

Perfect for kicking back



The durable Darth Vader and Yoda Bottle Openers will play music from the Star Wars films every time dad uses them. Minimal Force required. \$14.95 at Hallmark Gold Crown stores. hallmark.ca.



DeWalt's 12V/20V MAX Worksite Charger/Radio combines a convenient charging solution with a durable radio — letting dad enjoy his favourite tunes. \$189 at all home improvement retailers and dewalt.com.



Man Cave Table and Chair, perfect for a Ford fan in the mood to relax. Both items feature a chrome-plated finish. \$129.99 (table) and \$59.99 (chair) at Canadian Tire, canadiantire.ca.



Give dad the perfect gift this Father's Day — the ultimate man cave, which will be the envy of the entire neighbourhood. MONKEY BUSINESS IMAGES/VEER

Dad's domain. Create the ultimate man cave

The kids own the living room, mom owns the kitchen, the family pet might even claim the backyard, but where is dad's domain?

This Father's Day, give dad the perfect gift — the ultimate man cave. Turn the garage into a comfortable and useable space by transforming this often forgotten extension of the home, into the envy of the neighbourhood.

- Food: It all starts with food, regardless of the season. He will love a fridge that can stand up to intense heat and harsh Canadian cold. So whether it's golf or hockey season, dad is never more than a few steps away from helping himself to a beverage or snack.

- Entertaining: No doubt dad loves it when friends and neighbours pop by for a visit. The garage can become a comfortable hub for en-

tertaining if organized well. Make sure there is enough open floor space and seating for everyone to enjoy themselves. Now dad can host his friends for games or gatherings without monopolizing the family room.

- Toys: Whether we are talking tools, electronics or sporting equipment, the man cave is all about creating a space that dad will love, surrounded by his favourite toys.
- Kick back: The dust and grime on old cement flooring can make it difficult for anyone to enjoy themselves. Try something simple but with huge impact like custom tile flooring; sleek, clean and specifically for the garage.

With these few simple steps, you can create the ultimate man cave for Father's Day that will be enjoyed for many years to come.

NEWS CANADA

HAPPY FATHER'S DAY!

ONLY **99¢***
PER BAG
GARDEN SOIL

WITH AN IN-STORE PURCHASE OF \$10 OR MORE. LIMIT 10 BAGS PER CAR.

5 DAYS ONLY!

Friday June 14, Saturday June 15, Sunday June 16, Monday June 17, Tuesday June 18. *HST excluded



**WE STILL HAVE A GREAT
SELECTION OF PLANTS FOR
YOUR GARDEN!**

1211 Old Montreal Rd, Orléans
613-833-2316

Visit us online at
www.laportegardens.com
and subscribe to our newsletter

Follow us:



Hours:
Mon-Fri 8-8
Sat 8-6 • Sun 9-5



We're located 5 minutes east of
Place d'Orléans shopping mall.

Homemade gifts offer the personal touch

Dad is certainly worth more than a piece of plastic. A study conducted by H&R Block indicates that people spend an average of \$90 on gifts for Father's Day and that gift cards are the most popular purchase.

However, many experts are noticing an increasing trend towards gifts with a more personal touch, and Father's Day is the perfect opportunity to do exactly that.

"Showing your love and appreciation for dad doesn't have to cost a fortune," said Shelli Gardner, CEO and Co-founder of crafting company Stampin' Up! "The gift with the greatest impact, the one that shows you truly want to make someone feel special, is the one you make yourself."

This year, why not celebrate Father's Day and recognize the special men who have made a difference in our lives by preparing a gift that reflects his personality. Gardner suggests the following Father's Day gift ideas that will inspire seasoned crafters and beginners alike:

- Handmade cards: A timeless



Father's Day is the perfect opportunity to give your dad a gift that has the personal touch. NEWS CANADA

classic, handmade cards are a great way to take the time to share a meaningful message with dad. The key to crafting

the perfect card is to keep it simple. It's as easy as folding a piece of neutrals collection cardstock and gluing comple-

mentary coloured cut-outs, which will add some depth to the card. Embellishments, such as buttons, will add a

nice finishing touch, and a warm message that comes from the heart will be the ultimate step in completing

this project. Enjoying the experience is key. No matter what the final result, this simple project will certainly put a smile on dad's face.

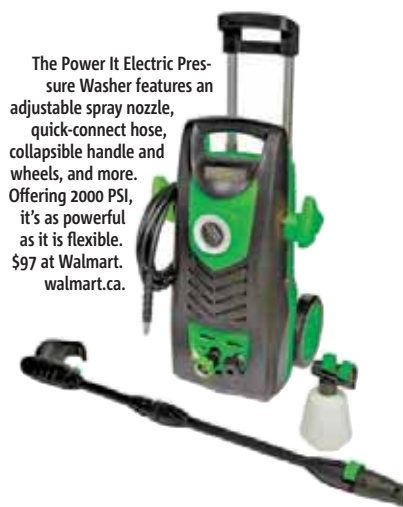
- Personalized goody box. Is dad the sweet or savoury type? Offering him his favourite treat is always rewarding — for both the person on the giving and on the receiving end. All that is required is a bag box, which can be filled with his favourite snack and decorated with a selection of stamps and paper accents. Wrapping the box with a nice ribbon ties everything together neatly.

- Decorated picture frame. Nothing immortalizes a special moment like a picture. Offering a decorated picture frame is a Father's Day gift that will last a lifetime. The first step of this project is to choose a picture that recalls a memorable day, outing or event. The second step will require decorating the back-drop of the frame with a combination of designer series paper and carefully including the chosen photo in the decorated area. NEWS CANADA

Indoors & outdoors



Tassimo T47 brewer. Treat dad to the latest technology in brewing for a coffee, cappuccino, latte, American, hot chocolate and more. \$199. tassimo.ca.



The Power It Electric Pressure Washer features an adjustable spray nozzle, quick-connect hose, collapsible handle and wheels, and more. Offering 2000 PSI, it's as powerful as it is flexible. \$97 at Walmart. walmart.ca.



The SodaStream Source provides affordable and healthier soda. Make fizzy water, or one of SodaStream's own flavours from more than 100 syrups. Available at the Bay, \$149.99. thebay.com.



For the handyman who multi-tasks, there's Black & Decker's 36-V Lithium-Ion Cordless Sweeper Vacuum, both a vacuum and a blower. \$179.99 at Rona and amazon.ca.

I MADE
THESE
BUBBLES
FOR YOU
DAD

HAPPY FATHER'S DAY



sodastream™
SOURCE
designed by Yves Béhar

sodastream.ca

Three sisters, two cookbooks, one delicious chicken dish

Three sisters who came to Canada from Greece as children are celebrating their heritage through photos and recipes in a follow-up to their first award-winning cookbook.

"We didn't want to do the typical thing people would expect in a Greek cookbook, which was beautiful pictures of Greek islands," says Eleni Bakopoulos of the book *Three Sisters Back to the Beginning: Timeless Greek Recipes Made Simple*. "We really wanted to be about the Greek lifestyle that we knew it to be, how food is connected to family and relationships and friendships and it really brings us all together."

The second book incorporates recipes omitted from the first book due to space (both volumes are self-published).

They also included dishes from the Greek islands and the north.

Try out this recipe from the book.

Ingredients

- 4 chicken breasts, boneless and skinless
- 30 ml (2 tbsp) olive oil
- 3 ml (3/4 tsp) salt
- 2 ml (1/2 tsp) dried oregano
- Fresh cracked pepper

Dressing

- 75 ml (1/3 cup) olive oil
- 50 ml (1/4 cup) fresh squeezed lemon juice
- 2 ml (1/2 tsp) dried oregano
- 2 ml (1/2 tsp) salt

Grilled Lemon Chicken

1. Heat grill to 230 C (450 F).

2. Coat chicken on both sides with olive oil and season with salt, oregano and pepper.

3. Place chicken directly on grill and grill for 8 to 12 minutes or until chicken is firm to the touch and opaque all the way through. Ensure barbecue lid is closed as much as possible while cooking, and turn breasts

Grilled Lemon Chicken



This recipe serves four. THE CANADIAN PRESS H/O

over only once.

4. Remove chicken from grill, cover with aluminum foil and set aside to rest for 5 minutes.

5. Meanwhile, in a small bowl, whisk dressing ingredients.

6. Use a sharp knife to cut chicken into slices. Drizzle dressing over chicken and serve

immediately. **THE CANADIAN PRESS/ BOTH RECIPES: THREE SISTERS BACK TO THE BEGINNING: TIMELESS GREEK RECIPES MADE SIMPLE BY BETTY, ELENI AND SAMANTHA BAKOPOULOS (ADELFES PUBLISHING, 2013).**

Ingredients

- 4 halloumi cheese slices, 5 mm (1/4 inch) thick
 - Olive oil, for greasing
- Vinaigrette**
- 30 ml (2 tbsp) olive oil
 - 15 ml (1 tbsp) fresh squeezed lemon juice

- 15 ml (1 tbsp) minced fresh mint
- 1 garlic clove, minced
- 1 fresh red chili pepper, seeded and minced
- 2 kalamata olives, sliced

2. Meanwhile, in a separate small bowl, whisk vinaigrette ingredients together. Drizzle over cheese. Serve warm.



Appetizer. Halloumi

Halloumi is a tasty, salty and squeaky cheese made in Cyprus from sheep's and goat's milk.

Because it can withstand high temperatures, it can be grilled or fried. The sisters behind *Three Sisters Back to the Beginning* say this appetizer is "deadly good" and lovely with

the vinaigrette.

1. Heat skillet over high heat. Brush both sides of cheese with olive oil and place in hot skillet. Cook cheese on both sides until cheese is golden-brown, 1 to 2 minutes per side. Transfer grilled cheese to serving platter.

CANADA'S SOUVENIRS

3.99 and up / Ea

Large Leaf Maple Syrup 50ml-500ml

5.99 / Ea

Bonus Pack

WN Vitamins 60s 330s

11.49 and up / Ea

Great Mountain Ginseng Products 150g-350g

11.99 / 12.99 / WSB Salmon Gift Box 227g 454g

大統華 T&T

Ottawa Store Only

Jun 2013	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thur 20
----------	--------	--------	--------	--------	--------	--------	---------

Happy Father's Day The Perfect Gift FOR DAD

06/16/2013

Visit our stores for more selections

Lychee -China

2.98 /lb (8.5kg)

Ataulfo Mangos (Box)

8.98 /box

Fresh Atlantic Salmon Fillets

6.99 /lb (1.45kg)

Chicken Wingettes

2.98 /lb (1.1kg)

Fresh Certified Angus Beef Short Ribs

4.98 /lb (1.1kg)

Naturegg Omega 3 Brown Eggs (Large)

3.29 /box

Cream Puffs

2.98 /box

Sweet & Sour Pork (Large)

5.99 /box

Quantities and/or selection of items may be limited and may not be available in all stores. No rain checks or substitutions. Advertised prices and product selection may vary by store location. T&T Supermarket reserves the right to limit quantities. Descriptions take precedence over photos. Some illustrations in this advertisement do not necessarily represent items on sale, and are for design purposes only. We reserve the right to correct any unintentional errors that may occur in the copy or illustrations.

9am - 9pm (Sat - Thurs)

9am - 10pm (Friday)

Join us on Facebook (Search for T&T Supermarket)

Follow us on Twitter @TTSupermarket

www.TnTsupermarket.com

224 Hunt Club Road, Ottawa, ON. K1V 1C1 613-731-8113

A parfait dish for summer

1. In a medium bowl, thoroughly mix strawberries and brown and granulated sugars. Let sit for 20 minutes or so, stirring occasionally, until sugar is completely dissolved and juice is drawn from strawberries. Meanwhile, in a small bowl, mix yogurt, sour cream and orange zest.

2. Divide a third of the strawberry mixture among 4 parfait or sherbet cups. Cover with 30 ml (2 tbsp) of the yogurt mixture. Continue with another

Ingredients

Preparation Time: 30 minutes

- 500 ml (2 cups) fresh strawberries, cut in quarters, plus extra whole berries for garnish
- 45 ml (3 tbsp) brown sugar
- 15 ml (1 tbsp) granulated sugar
- 250 ml (1 cup) vanilla no-fat yogurt
- 50 ml (1/4 cup) low-fat sour cream
- 2 ml (1/2 tsp) orange zest, grated
- Mint leaves, for garnish



This recipe makes four servings. THE ASSOCIATED PRESS/LESFRAICHESDUQUEBEC.COM

layer of strawberry and yogurt mixture. Divide remaining strawberry mixture evenly

among cups. Top with 15 ml (1 tbsp) of the yogurt mixture.

3. Garnish with whole strawberries and fresh mint leaves.

LESFRAICHESDUQUEBEC.COM

Breakfast. Creamy Strawberry Bagels



1. In a bowl, mix crushed strawberries, cheese and maple syrup.

2. At the same time, toast bagel halves.

3. Spread mixture on halved bagels.

4. Slice remaining strawberries finely and use to decorate bagels. Makes 2 servings.

LESFRAICHESDUQUEBEC.COM

Ingredients

Preparation time: 5 minutes

- 125 ml (1/2 cup) crushed strawberries
- 250 ml (1 cup) ricotta or cottage cheese
- 10 ml (2 tsp) maple syrup
- 2 bagels, sliced
- Whole strawberries, for garnish

38^e FESTIVAL FRANCO ONTARIEN

CE WEEK-END THIS WEEKEND

BANQUE NATIONALE

PARC MAJOR'S HILL PARK, OTTAWA

JUNE 13-14-15 JUIN

JEUDI / THURSDAY	VENDREDI / FRIDAY	SAMEDI / SATURDAY
L'écho d'un peuple « 400 ans de party de cuisine » AVEC SWING, ANDRÉ JARVIS, LA BOTTINE, SOUVERAIN, KORGESS, ANNE BLANCHARD...	Damien Robitaille Les Colocs AVEC MARIE TREMBLAY, MARC DERY, SÉBASTIEN PLANTE...	Coeur de pirate Misteur Valaire EN JOURNÉE : TOC-TOC-TOC, LES PETITES TIGRES, KROMATIK, PIQUE-NOIRE VERT ET BLANC, LA BRONZE, DJ PASQUES...

BRACELET-PASSEPORT / WRISTBAND-PASSPORT
Présenté par / presented by La Cité collégiale

3 JOURS / DAYS = 25\$ Achat à la porte / Purchase on site
Billets quotidiens 15\$ / Daily Wristband \$15

FFO.CA

AIR CANADA

Canada Ontario ONTARIO Québec

Keep your cool during menopause

Don't sweat it with your symptoms. Get relief with Menopause from A.Vogel

- Reduces the severity and duration of hot flashes and night sweats
- Made from fresh, organic sage plants
- Effective with only one pill per day

Designed by nature. Proven by science.

CLINICALLY PROVEN

Visit www.avogel.ca for advice, tips and support options.

A.Vogel
Pioneer in Natural Health since 1923



Interior designer Trish Johnston recommends putting a new spin on cottage decor by mixing whimsical colours and patterns with more traditional grounding elements. THE CANADIAN PRESS/HANDOUT/HOMESENSE



A scented candle, pretty soaps and a guestbook or journal will make guests feel at home. THE CANADIAN PRESS/HANDOUT/HOMESENSE



Large woven baskets offer a spot to stash extra cushions and bring rich, natural texture into a room. An oversized tote does double duty as storage. THE CANADIAN PRESS/HANDOUT/HOMESENSE

Five ways to create a welcoming space for your overnight visitors

Home away from home. Create a guest bedroom for anybody who might be staying over this summer

Outside of the holiday season, the summer is a prime period to welcome guests at home.

"Guest bedrooms are a good space to push the envelope a bit or have some fun, or be a little bit more outside (the box) than you would be in your principal bedroom," said Trish Johnston, a Toronto-based interior designer and prop stylist.

Johnston teamed up with HomeSense on summer decor ideas blending both traditional and contemporary touches aimed at helping enliven a guest bedroom during the warmer months. Whether it's a couch in the living room or a dedicated spare room for visitors, Johnston shared five ways to design a welcoming space for overnight guests.

1. Create a space for everyone

It could be the in-laws one weekend, a younger cousin or family

friend the next. Regardless of who will be inhabiting the guest room, the space should be amenable to all — which means creating an inviting environment that steers clear of being too gender-specific.

"I would say keep a lighter hand and don't go over the top to make it too feminine or too masculine," said Johnston. "A guest room is really a transitional space that will have any number of people going through it. Just try to keep it more uniform."

2. In with the old — and the new

Whether it's a cosy quilt knitted by Grandma, stacks of your favourite reads or another cherished possession, heirlooms and keepsakes can team well with fresher additions into a guest space.

In her own take on guest-room style, Johnston channelled the great indoors — namely the cottage — for decor inspiration. She tapped into nautical style with navy blue and white hues, opting to accent fresh linens with colourfully patterned patchwork quilts and cushions.

A room of luxury

Interior designer and prop stylist Trish Johnston teamed up with HomeSense on summer decor ideas to help enliven a guest room

- "It's such a great area to really incorporate all of those luxuries, so when you do have a guest come, you've thought of everything ... the stay is just that much more enjoyable."



To further bolster the homey, beach-inspired feel, she suggested incorporating natural materials, like rope, wood, jute and rattan, showcased in accessories like lighting fixtures, rugs and baskets.

"For me, I like the bold colour ... but I always ground all of my rooms with a natural element because it gives that warmth and that texture."

3. Lay out the welcome mat — with a tray

Hosts can bring a taste of the hotel experience to their guest room by drawing on similar ele-

ments that make visitors feel at home during short-term stays. Johnston said a welcoming tray is one way to put a personal stamp on the space and help put guests at ease as they're settling in.

Johnston recommended assembling a collection of soaps, hand towels, a scented candle and perhaps even a small assortment of flowers, as well as a local map to help visitors feel more connected and acquainted with the community they're visiting.

A keepsake journal, a collection of favourite snacks or even

having an extra toothbrush at the ready are all small touches that can go a long way in making guests feel pampered, she noted.

"They're just thoughtful little things of: 'What would they like?' And you can specialize it for the guest that's coming because you know them, too, and add that special uniqueness to it."

4. Illuminating alternatives

Desk lamps are all well and good, but Johnston has another option for those seeking to light up their guest rooms in stylish fashion.

Lanterns offer an alternative to conventional electrical lighting, with some models featuring LED battery-operated candles that are portable and can double as a flashlight, Johnston said.

5. Multifunctional furniture

For those hosting guests in smaller surroundings where they may not have a dedicated room for visitors, Johnston said dual purpose furniture is essential.

Rather than opting for a pullout sofa, consider simply

transitioning a daybed during the evening hours. "It's just as comfortable as a couch and then also serves a purpose as being a bed."

Baskets can be used to store extra bedding, towels or other essentials that a guest may need. "It keeps it tidy and it also adds to the texture of the room," Johnston said. The same approach can be applied to woven bags, which can be tucked away when not in use or double as a tote for the beach, she added.

Selecting dual purpose pieces doesn't have to mean solely incorporating miniaturized items to accommodate smaller quarters. Rather than a conventional side table, consider opting for furniture that's slightly larger in scale — such as a chest of drawers — that can also serve as a desk or vanity, Johnston suggested.

"(There are) things that have a multi-purpose that look great in the space when it's set for that purpose, and then when you do have guests come over, it still gives them that luxury and the useability of the space as a guest room."

THE CANADIAN PRESS

Father's Day gifts for dad's active lifestyle

This Father's Day, why not treat dad to gifts that pamper him? Here's a variety of great products priced from \$8 to \$3,100 that you can surprise him with this Sunday.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Shaver

Get a close shave every day whether at home or travelling. Sensotouch Electric Shaver with Gyroflex 3D, \$249, philips.ca.



Shower supplies

Slip this two-in-one cleaner into dad's travel kit. Paris For Men Shower/Hair Wash, \$11, bathandbodyworks.com.



Retro bike

Old school exercise for dads of any age. Urbanista Lugano Gear Bike, \$888, opusbike.com.



Personal blender

For the busy dad on the go. Single Serve Blender, \$20, hamiltonbeach.ca.



Fridge

Design dad's bar inside or out. Monogram Outdoor/Indoor Luxury Refrigerator, \$3,100, geappliances.ca.



Coffee to go

Make French-style press coffee on the go. Coffee Travel Press, \$23, starbucks.ca.



Flask

Sneak a sip in style with the Century Flask, \$990, tiffany.ca.



Compass

Although they hate to admit it, dads sometimes get lost. Here's a classy old school way for him to get home. Tiffany 1837 Compass, \$360, tiffany.ca.



BBQ condiments

Gather a group of gourmet flavours for dad's next BBQ party. David's Condiments, \$8 each, pusateris.com.



Canlok

Stone Inc.

Your Natural Stone Headquarters

**CALL NOW FOR AN
ESTIMATE ON YOUR
DREAM PROJECT!**

613-828-7686

- UNILOCK® PAVERS
- NATURAL STONE PRODUCTS
- BOULDERS, DECORATIVE STONE
- PISA RETAINING WALL SYSTEMS
- POLYMERIC SAND
- GRANULAR A, TOPSOIL
- PINE MULCH
- STONE DUST, SAND
- STONE CUTTING



Unilock
Authorized
Dealer



VISIT OUR INDOOR SHOWROOM AND OUTDOOR DISPLAY AT
950 MOODIE DRIVE
2 KMS SOUTH OF HUNT CLUB ROAD • canlok.com



GVICTORIA/VEER

BE READY TO RENT

**See our
Furnished
Model Suite**

**St. Laurent
on the Parc**

Located on 5 acres of beautiful grounds,
comfortable suites featuring a host of amenities
and free on-site programs.

Spacious 2 bedrooms
from **\$1075/month**

Spacious 3 bedrooms
from **\$1195/month**

Heat, hydro & water included.
RATES SUBJECT TO CHANGE WITHOUT NOTICE

**TWO MONTHS
FREE RENT**
on select suites.
Some conditions apply.

Call 613-744-0283
Monday to Friday 9 am - 7 pm
Saturday 10 am - 4 pm
Sunday by appointment

Visit our rental office today at 1240 Donald St.
StLaurentOnTheParc.com

 **GREENWIN**

If you didn't memorize the Be Prepared motto as a Boy Scout or Girl Scout, it's never too late to learn. When renting a new apartment, be ready to act quickly. You'll find the whole process a lot faster and easier – with less hassles and turnaround time – if you approach it with preparation.

When you've determined you want to find new digs, whether it's downtown or out in the 'burbs, you will probably go online or check the newspaper. Then you'll make a few calls and head out to check out the possibilities. Are those ads and addresses all that you need?

The chances are good that when you find that perfect place, there will be someone else hot on your heels and likely to snap it up if you don't beat them to it.

What you need is all the paperwork – proof of identity, employment, credit and income confirmation – that will let you sign a rental application right that minute if you have to. It's information that will satisfy the landlord that you're the kind of resident he or she wants in their building.

1. START BY GETTING A SHORT LETTER from your employer, stating that you are gainfully employed, how long you've been working for the company, and what your salary/hourly wage is. A pay stub may also be adequate proof of employment for many. If you're self-employed, you will need a copy of your most recent tax return. A statement of net income from your accountant will also suffice.

2. YOU SHOULD ALSO HAVE A COPY OF a current personal credit report which Canadian residents can obtain by calling Equifax Canada at 1-800-465-7166. You can also download the Request Form online at www.equifax.ca.

Read the report and review its contents, especially with respect to any negative credit information that would lead a landlord to believe you may be a credit risk. If it does, and the information is correct, be prepared to explain the negative credit reference and the circumstances surrounding it.

3. GETTING A LETTER FROM YOUR BANK is also recommended – stating how long you've been a customer, and the confirmation that your accounts are in good standing, with no history of NSF cheques.

4. FINALLY, ENSURE YOU HAVE ENOUGH money in your bank account since when you do come across that dream apartment, you will have to move fast. You'll need enough to cover both first and last month's rent and to get you through until your next paycheck.

It's easy to knock on a few doors in your hunt for a new apartment. Just make sure that when you do come across that ideal space, you've got everything you need to do the deal.

Article courtesy Sheryl Erenberg. Erenberg is president of Sheryl Erenberg and Associates. Her marketing consulting firm specializes in marketing communities.

Visit sherylerenberg.com

TIMELESS GLAMOUR

ENJOY THE BEAUTY AND PERIOD-STYLING OF THE GREAT GATSBY

Glamour and opulence serve as both the visual theme and the underlying storyline in the much-anticipated and most recent film adaptation of F. Scott Fitzgerald's novel *The Great Gatsby*. So it comes as no surprise that Art Deco and period-inspired home furnishings are trending more than ever.

While moviegoers will be dazzled by the star-studded cast of this new release (Tobey Maguire, Leonardo DiCaprio and Carey Mulligan), it's the lavish sets that have everyone in the design world talking. Filmmaker Baz Luhrmann's take on the classic novel includes an unparalleled enthusiasm for capturing the striking period style and visual decadence of the Roaring



The Hollywood Swank Collection from Michael Amini Furniture Designs includes this two-piece sectional, chair and dramatic armless chaise with a jaguar print accent fabric. The sweeping, sensuous lines and rich materials are characteristic of luxurious Art Deco styling. (amini.com).

CONTRIBUTED

'20s. From Art Deco to European Deco to Hollywood Regency, the film evokes a sense of luxury in every scene.

"We're seeing a resurgence of interest in the Art Deco trend and period styling," says Jackie Hirschhaut, vice-president of the American Home Furnishings Alliance, which has a Canadian chapter. "Movies like *The Great Gatsby* highlight the beauty of these timeless styles and create demand for unique looks. Manufacturers

have responded with a variety of options in case goods, upholstery, accessories and accents, which means moviegoers can bring a little bit of *Gatsby* flair to their own homes."

The Art Deco style is characterized by bold, geometric and linear shapes with nods to industrialism. It's a look whose forms are at once streamlined and architectural, yet heavily influenced by glamorous fashion, sensuous lines and rich materials.

Luhrmann's set designs were based on the great early 20th-century houses of Long Island's North Shore. But while Art Deco design is the epitome of luxury, it can be seen at retail today in a range of home furnishings offered at all price points.

Consumers looking to bring the authentic feel of the film to their homes can start small with just one piece, or go all in with a room completely inspired by the look.

— Metro News Services

METRO SPACES

METRO CUSTOM PUBLISHING

THE
KAVANAUGH
ON BEECHWOOD

**Spacious.
Urban. Home.**

Just minutes from downtown, the Kavanaugh is an architectural gem with customizable condo suites up to 1676 sq. ft. Comfort created by you.

• Construction underway •
Visit our Sales Centre featuring two fully furnished models

222 Beechwood Avenue
thekavanaugh.ca • 613.868.7597



domicile

PLUGGED-IN PAINT PALETTE

There is an upside to our busy, techno-connected lives. Our connections are influencing our colour choices in home decor and the result is a spectacular 2013 paint palette from Sico paint.

Influenced by people's growing dependence on being linked in "from electronic gadgets and apps to social media networks" the palette is infused with vibrant, upbeat colours on one end of the spectrum, to calm and soothing hues on the other.

According to research conducted by AkzoNobel, makers of Sico paint, there are three prevailing colour themes, each reflecting the consequences of our fast-paced, interconnected lifestyles — Collective Passion, Switching Off, and Visual Solace.

COLLECTIVE PASSION

This theme represents the spontaneous behaviours brought on by online forums, where ideas spread like wildfire. Characterized by a visual feast of movement, Collective Passion showcases the use of colour on colour, from subtle layering of



Switching Off theme.

closely connected pastels and corals. Just as the sky and ocean are never a single shade of blue, this striking blend of colour creates the same inspiring effect. Emitting a feel of energy, joy and creativity, they also combine well with chalk whites and warm greys for a more subdued look.

SWITCHING OFF

This theme reflects people's occasional desire to hit the pause button, clear the mind and create space for new thoughts. It is an assortment of silent colours, from delicate, soft and airy hues to sultry deeps reminiscent of still waters, starry nights, dusk and dawn. The Switching Off palette includes delicate, smoky tones of blue-tinted blacks, snow-capped whites and harmonizing greys and taupes.

VISUAL SOLACE

Inspired by gardens in bloom and paintings by the Old Masters, Visual Solace is infused with floral pink, mauve, dusky violet, bronze, and delicate neutrals. Mustard yellow and darker violet complete the palette, contributing to its feminine, soothing, joyful and serendipitous feel. Designed with the notion that art and nature bring out the best in us as human beings, this colour grouping has the ability to restore the soul and warm the heart, with a natural beauty that takes on a new freshness when combined with crisp white and intense violet details.



Collective Passion theme.



Visual Solace theme.

CONTRIBUTED PHOTOS



PREMIUM RENTAL APARTMENTS






- ❖ Indoor Salt Water Pool
- ❖ Rooftop Terrace
- ❖ Fitness Center
- ❖ Window Blinds
- ❖ In Suite Washer and Dryer
- ❖ Hardwood Floors

*Hassle free
luxury urban
living without
complications
of ownership*

*Come for a visit, you
will want to stay!*

411 North River Road

613-741-4411

www.terrassesgabrielle.com

www.globegeneral.ca

ottawa@globegeneral.ca

▼ SCAN ME ▼





YOUR IDEAL CITY HOME

TERRASSES GABRIELLE

Terrasses Gabrielle caters to the finest in city living. Nestled in peaceful surroundings overlooking the Rideau River, and Riverain and Strathcona Parks, Terrasses Gabrielle is only steps away from Ottawa's finest shopping, dining and entertainment. Inspired by the elegant park districts of the world's leading cities, this eight-storey building combines luxurious accommodation with natural four-season beauty.

Located on North River Road in Overbrook, Terrasses Gabrielle is ideal for active lifestyles. Residents enjoy access to an indoor saltwater pool and modern gym equipped with life cycle, elliptical trainer, treadmill, strength station, and free weights. Ottawa's famous network of recreational pathways begins outside the front door, while the clay courts of the Rideau Tennis Club are a block away.

The one- and two-bedroom units — 117 in all — feature premium-quality fixtures and amenities — calypso-style bath with arched shower enclosure, and ensuite washers and dryers. Kitchens come equipped with four stainless steel appliances including a self-



CONTRIBUTED

cleaning, slide-in stove with ceramic cooktop, and granite countertops with ceramic tile backsplash. High-glazed ceilings, custom blinds and hardwood floors provide a perfect design backdrop.

The spacious lounge area off the opulent entrance foyer can be reserved for private events. The rooftop terrace is the icing on the cake. With a bus stop outside the front door and underground parking complete with bike storage, Terrasses Gabrielle makes the ideal city home.

THE BASICS OF CONDO OWNERSHIP

METRO SPACES

METRO CUSTOM PUBLISHING

The evolution of the housing market over the past 30 years has been quite a ride to say the least. Over the past seven years alone, there has been a staggering fivefold increase in the percentage of Canada's new home market share for condo sales.

Why the massive shift? Both younger and older purchasers appreciate the worry-free aspect of condo ownership. Maintenance and security issues are kept to a minimum, allowing for the lock-and-leave lifestyle.

While the word condominium often conjures an image of a highrise tower, it's actually a legal definition that refers to the method of ownership, not the type of building.

When purchasing a condominium, you own the interior space of your home outright. Other elements of the building, such as hallways, elevators, recreation facilities and outside grounds, are known as common elements. These amenities are jointly owned by you and the other homeowners in your condominium community.

Your balcony or terrace, and sometimes your parking spot, are known as



SHOCK/VEER

exclusive use common elements. This means that while their upkeep is not your responsibility, they are intended for your use only.

While condo owners are free from

such concerns as pruning shrubs and vacuuming the swimming pool, they do pay for such maintenance through a monthly charge known as a maintenance fee or condo fee. This fee also covers the

costs of management, administration and insurance for common element areas, and often covers the cost of utilities.

Maintenance fees can vary substantially between condominiums, depending on both the square footage of the owner's home and the level of the building's amenities. For example, a highrise condo with a swimming pool and gym will have higher fees than a townhome condominium with minimal grounds keeping. Keep in mind that having such amenities at your doorstep may save you the cost of a fitness club membership. You may be able to entertain in a huge party room, or watch movies with friends in a multi-media lounge — pastimes that could cost you more money outside of the condominium paradigm.

While condo living isn't for everybody, an increasing number of people are discovering its benefits. It comes down to weighing what's important to you. For more information on how to buy with only one per cent down, visit ottawarealestateedge.com.

— Marnie Bennett, broker

BUY WITH ONLY 1% DOWN!!! And Kiss Your Landlord Goodbye!



www.only1down.com

- **SAVE Thousand\$\$\$**
- **Build your Equity NOW**
- **Don't miss out on LOW interest rates**
- **Build Your Own Wealth, NOT your Landlords**

To receive our NEW FREE report entitled:

"How to Buy a Home With Little Or No Money Down" visit

www.only1down.com

*Certain conditions do apply

Don't forget when you BUY a property with the Bennett Pros you could receive our FREE 1 Year Home Warranty. Our warranty pays to fix breakdowns in your home instead of you using your hard-earned cash!!



613-233-8606

STYLISH LIVING

THE BROWNSTONES AT PLACE DES GOUVERNEURS

The latest offering from Richcraft, Ottawa's premier builder, is The Brownstones at Place des Gouverneurs.

Nestled adjacent to NCC lands off Cyrville Road near the Aviation Parkway, The Brownstones are a series of four-storey buildings each with 22 condo units and an elevator. Units are loaded with convenient, value-added and green features, and the development is conveniently situated close to public transit, shopping centres and Ottawa's famous network of recreational pathways.

From the outside, The Brownstones are a cluster of attractive, low-rise



buildings clad in soft brick and pale stone. Inside, the bright, one- two- and three-bedroom units range from 580 to 1,280 square feet and feature generous windows, hardwood floors in the kitchen and dining and living rooms, and classic designs with contemporary, clean lines. Along with spacious balconies, the units feature soaker tubs, granite kitchen

countertops and floating, sound-insulated floors. The condos are Energy Star-rated® and come with five appliances, low-flush toilets and low-e argon casement windows.

It's a neighbourhood in transition; Richcraft began the Place des Gouverneurs development in 2004 with a series of three five-storey buildings that



CONTRIBUTED PHOTOS

quickly sold out. The company plans to build up to eight Brownstones buildings and currently offers buyers a \$3,000 design-centre voucher.



BROWNSTONES
AT PLACE DES GOUVERNEURS

MOVE in NOW

Purchase one of our
ready-to-move-in condos and
save thousands



SALES CENTRE 1220 Ogilvie Rd. 613.744.2098 | richcraft.com  

RICHCRAFT
Quality Home Builders

MAKE YOUR HOME YOUR VERY OWN

ALTERNA SAVINGS MULTI-OPTION MORTGAGE

Jason and Heidi have been searching for their ideal home and believe they have finally found it. Their first step is to visit their local Alterna Savings branch at Billings Bridge and speak with a mortgage specialist about their home ownership options.

After reviewing their current finances and property information, the Alterna mortgage specialist shares the good news that, since they have the minimum of 20 per cent equity in their home, and that this home will be their primary residence, Jason and Heidi qualify for the unique multi-option mortgage at Alterna. The multi-option mortgage will allow them to purchase their home of \$250,000 with a registered amount of \$375,000, providing them with greater borrowing flexibility for future needs.



MICRO10X/VEER

Fast forward five years, Jason and Heidi's family has grown — they now have two young children at home and decide it's time to finish their basement for more family room. Since they registered the amount of their property at

the time of purchase for 150 per cent of the actual value, they are able to increase their mortgage or line of credit (an option that was made available to them at the time of financing, depending on what mortgage product they selected) to meet

FIGURES

Purchase price: \$250,000
Registration amount: \$375,000
Mortgage: \$150,000
Line of credit: \$50,000
Total approved amount: \$200,000

their current financing needs without the headaches and hassle of additional legal or processing fees.

Their Alterna Savings mortgage specialist worked with them from the start, planning today to prepare for tomorrow's needs, helping them save time and money — both better spent on their growing family.

Who is Alterna Savings? Alterna Savings is a community-focused financial services co-operative that combines local, personal service with "big bank" products and services. Whether members have a little money or a lot, Alterna can always help find a smarter way to make their money work harder.

For more, visit alterna.ca.

You're invited to visit the
Alterna Savings Billings Bridge
branch today to meet one of
our mortgage experts

2.85%

5-Year Closed Variable
Rate Mortgage

2.99%

4-Year Special
Fixed Rate Mortgage

3.09%

5-Year Fixed
Rate Mortgage



Experience the difference that membership makes at your local credit union

2269 Riverside Drive

BillingsBridge@alterna.ca | 613.560.0100 ext. 6310 | alterna.ca



Alterna Savings

*Rates subject to change without notice.

URBAN LIVING, SUBURBAN PERKS

JAZZ CONDOS LOCATED IN RIVERSIDE SOUTH

Located in Riverside South, one of Ottawa's most coveted and rapidly expanding communities, Urbandale Construction's series of Jazz Condos offers modern low-rise urban living with all the perks of a developed suburban environment.

Only minutes from public transit, shopping, parks and recreational trails, as well as all the amenities of a growing community, these three stylish designs — the Acapella, the Duet and the Harmony — are ideal for first-time homebuyers, singles, couples and downsizers alike.

Units have tremendous curb appeal — modern, architecturally designed clay-brick exteriors. The sleek brick, stone and vinyl exterior is perfectly matched with the spacious open-concept interior layouts. Floor plans range from 1,204 to 1,833 square feet and have dramatic two-storey windows and raised ceilings for bright, comfortable living. Built-in garages allow private entrances to each

unit and provide the added bonus of an indoor parking space, ideal during the winter months.

The Jazz Condo lineup is one of the latest developments from Urbandale Construction, a family-run business with more than 30 years' experience building quality homes in the Ottawa area. Urbandale utilizes state-of-the-art building practices that have earned industry awards and community recognition. With a reputation crafted on quality construction, Urbandale has become a leader in building energy-efficient homes.

These one- and two-bedroom units are crafted with luxury features, elegant ceramic tiled floors and come equipped with six energy-efficient appliances, central air conditioning, as well as a variety of environmentally friendly details. Condos are outfitted with efficient showerheads, faucets and toilets to cut water consumption by up to 30 per cent, windows are double-glazed, gaskets are protected



CONTRIBUTED

against drafts to reduce air leakage and lower heating and cooling costs. All carpets are labelled as green under the Canadian Carpet Institute Green Label Program and are low-VOC to improve indoor air quality.

Built to Urbandale's highest standard

of quality construction and environmentally friendly practices, the Jazz Condos start in the \$250,000s, and include a \$5,000 design centre bonus as well as one year free subscription to cable, Internet and telephone services. Now released in Riverside South.



CONDOS
Jazz
BY URBANDALE CONSTRUCTION

NOW RELEASED
IN RIVERSIDE SOUTH

STARTING
IN THE \$250K's

THERE'S COMFORT IN HIGHER STANDARDS

VISIT OUR SALES CENTRE | 6086 North Bluff Drive | 613-822-2190

 **Urbandale**
construction
www.urbandale.com

NFL

Goodell sticks up for Redskins name

NFL commissioner Roger Goodell says the Washington Redskins' nickname is a "unifying force that stands for strength, courage, pride and respect."

Goodell was responding to a letter from 10 members of the U.S. Congress who want the name changed be-

cause it is offensive to many Native Americans.

He cited the nickname's origins and polls that support its popularity. Goodell wrote that he understands the feelings surrounding it are complex and could change, but he also points out fan pride in the team's heritage.

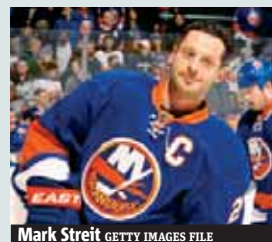
The name is the subject of a legal challenge from a group seeking to have the team lose its trademark protection. **THE ASSOCIATED PRESS**

NHL

Flyers hope to get Streit to their point

The Philadelphia Flyers acquired defenceman Mark Streit from the New York Islanders Wednesday for minor-league forward Shane Harper and a fourth-round pick in 2014.

Streit is scheduled to become an unrestricted free agent on July 5. The Flyers



Mark Streit GETTY IMAGES FILE

can negotiate a new deal with him exclusively until that time. **THE ASSOCIATED PRESS**

Jim Kelly

Hall of Fame QB recovering from cancer surgery

Buffalo Bills Hall of Fame quarterback Jim Kelly is described as being in good spirits, recovering at home after having surgery Monday to remove cancerous cells from his upper jaw. **THE ASSOCIATED PRESS**

Heat hopes rest on LeBron

NBA Finals. James promises to be better after coming up short in 36-point Game 3 loss

A day later, LeBron James didn't back down.

When the Miami Heat were embarrassed by 36 points in Game 3 of the NBA Finals, James took all the blame and even lauded his teammates for playing great. Shortly after that 113-77 debacle of a Spurs' victory ended Tuesday night, James insisted that he would do enough to change the way the Heat compete in Game 4.

And Wednesday, James' tune was the same.

"I'm putting all the pressure on my chest, on my shoulders, to come through for our team," James said, virtually echoing what he had vowed the previous night. "That's the way it is."

That's not necessarily the same game plan that Heat coach Erik Spoelstra would prefer, but by now, it's become assumed when the stakes are highest, it's all going to be on James anyway. If the Heat win Game 4, odds are James will be credited as the reason why. If they lose Game 4 and go one

loss away from elimination, then it'll be widely considered as James' failure.

"Look, we have great confidence from our guys and their ability to bounce back and respond in a big way," Spoelstra said. "And that's all our focus is the next 24 hours — how do we prepare ourselves to play our best game of the series tomorrow night. That's the only thing that matters. IJ has proven himself enough in this league and on the biggest stage. He is going to ... he'll be better."

When the Heat arrived Wednesday for practice in San Antonio, James had his practice jersey slung over his head, letting the piece of mesh fabric sway down his back like a cape.

Fitting. In Game 4, he might need a hero's effort to save the Heat.

The 36-point loss matched the largest of James' career, and his minus-32 rating was the worst of his 899 previous games. He was 7-for-21 from the field — his shooting has been subpar in every game this series — and did not get to the foul line, a byproduct of both the Spurs taking driving lanes away and James shooting the jumpers that San Antonio is daring him to try.

THE ASSOCIATED PRESS



LeBron James has struggled mightily with his shot as the Heat have fallen behind 2-1 against the Spurs in the NBA Finals. MIKE EHLMANN/GETTY IMAGES

Different strokes



"We're not worried about LeBron."

Heat shooting guard Dwyane Wade.

"I don't know what's going on, but he's not playing his best basketball right now. It's not just us."



Spurs guard Danny Green, who had 27 points with seven three-pointers in Tuesday night's Game 2.



"There ain't no explanation. There ain't no excuses."

Heat forward

Udonis Haslem. Haslem and Mario Chalmers missed all seven of their shots and did not score in Game 3. The Heat were out-bounded 52-36, 19-9 on the offensive end. They gave up a Finals-record 16 three-pointers on 32 attempts, and got blown out of a game where Tony Parker, Tim Duncan and Manu Ginobili were really quite ordinary.

4 SPORTS

CAREER TRAINING

Get technical.

Train for a new career!

... Network Administrator ...

Train to become a:

- Network Administrator
- Computer Technician
- Technical Support Specialist
- Help Desk Troubleshooter



Call Now for More Information!

1-866-843-8711

Apply online at www.EverestCanHelp.ca

OTTAWA EAST • OTTAWA WEST

14 Convenient Locations in Ontario

Everest College is the largest private career college in Ontario with more than 9,000 enrolments last year.

Everest COLLEGE

BUSINESS • TECHNOLOGY • HEALTH CARE

- Career services assistance available to graduates
- Financial assistance may be available for those who qualify
- Morning and afternoon classes available

Programs and schedules vary by campus.



Kuchar primed for major splash

U.S. Open. From following in Tiger's footsteps to falling off the PGA tour, Kuchar's climb continues at Merion Golf Club

He was the smiling kid with his dad on the bag in his first U.S. Open, eager to be himself and not the guy he was following.

Matt Kuchar never expected to be the next Tiger Woods, mostly because even then he knew it wasn't possible. Winning the U.S. Amateur a year after Woods recorded his third straight amateur title got him into the 1998 Open, but it would be a long time before the two were in the same conversation again.

"I was never thinking be-



Matt Kuchar hits a tee shot during a practice round prior to the start of the 113th U.S. Open on Tuesday in Ardmore, Pa. GETTY IMAGES

cause I won the amateur the year after Tiger that I was the next Tiger Woods," Kuchar said. "That was never something that I thought about or thought I was going to follow

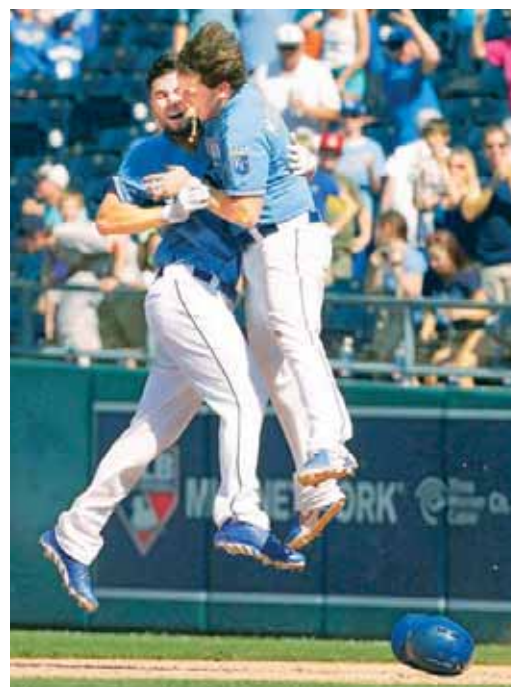
the same path as Tiger. I knew I had a different path that was for me."

That path was rocky at times, but Kuchar never lost faith in his talent. He rebuilt his swing, found his way back on the PGA Tour after a brief hiccup, and started contending in tournaments.

Now he's in another conversation this week at Merion Golf Club. He's joined a select few as perhaps the best player who hasn't won a major championship. That he's not shying away from the talk says something about how confident he is about his game.

"I feel like I'm playing some good golf," said Kuchar, who won at Memorial two weeks ago.

"Certainly a major championship, a U.S. Open, is one I'm geared up for. I'm looking forward to competing and trying to put my name on this trophy." THE ASSOCIATED PRESS



Royals banish Tigers in K.C.

Royals Eric Hosmer, left, celebrates with teammate Mike Moustakas after driving in the game-winning run with an RBI single in the 10th inning to beat the Tigers 3-2 in Kansas City on Wednesday. Tigers closer Jose Valverde gave up a game-tying, two-run shot to Lorenzo Cain with two outs in the ninth to sent the game to extra innings. ORLIN WAGNER/THE ASSOCIATED PRESS

Soccer

Messi in midst of Spanish tax mess

A Spanish prosecutor filed a fraud complaint on Wednesday against Lionel Messi, alleging the Barcelona and Argentina star tried to conceal the extent of his real earnings and that he owes \$5.3 million US in back taxes.



Lionel Messi
GETTY IMAGES

The complaint was lodged by Raquel Amado, a state prosecutor for the northeastern region of Catalonia. Amado says that from 2006-2009 Messi "obtained significant revenue derived from the transfer to third parties of his image rights, income which should have been taxed."

The complaint says Messi "circumvented his tax obligations" by using shell companies in tax havens such as Belize and Uruguay.

THE ASSOCIATED PRESS

FRENCH, ENGLISH as a SECOND LANGUAGE



PART TIME

12 weeks (36 hours in class and 36 hours online)

FRENCH AS A SECOND LANGUAGE (8 LEVELS)

Week of July 2 to September 21, 2013

Evenings: 6 pm to 9 pm (8 Levels)

Saturdays: 9am to noon (7 Levels)

ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

Week of July 2 to September 21, 2013

Evenings: 6 pm to 9 pm (6 Levels)

FULL TIME

4 weeks (60 hours in class and 60 hours online)

FRENCH AS A SECOND LANGUAGE (6 LEVELS)

July 2 to July 26, 2013

August 6 to August 30, 2013

Please check our website for times

ENGLISH AS A SECOND LANGUAGE (2 LEVELS)

July 2 to July 26, 2013

Level 2 and/or Level 3. Please check our website for times

FEES: \$35.00

(Immigrants, new Canadians, Refugees whose language is neither English nor French)

Éducation Permanente
181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3
Fax 613-741-2191

CONSEIL DES
ÉCOLES CATHOLIQUES
DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner
www.educationpermanente.ca



NHL PLAYOFFS

STANLEY CUP FINAL

(BEST-OF-7; All Times Eastern)

CHICAGO (1) VS. BOSTON (4)

Wednesday's result

Boston at Chicago

Saturday's game

Boston at Chicago, 8 p.m.

Monday's game

Chicago at Boston, 8 p.m.

Wednesday, June 19

Chicago at Boston, 8 p.m.

Saturday, June 22

x-Boston at Chicago, 8 p.m.

Monday, June 24

x-Chicago at Boston, 8 p.m.

Wednesday, June 26

x-Boston at Chicago, 8 p.m.

x — played only if necessary

SCORING LEADERS

	G	A	Pts
Krejci, Bos	9	12	21
Horton, Bos	7	10	17
Malkin, Phg	4	12	16
Letang, Phg	3	13	16
Crosby, Phg	7	8	15
Sharp, Chi	8	6	14
Hossa, Chi	7	7	14
Kane, Chi	6	8	14
Bickell, Chi	8	5	13
Voytov, LA	6	7	13
Carter, LA	6	7	13
Marchand, Bos	4	9	13
Lucic, Bos	3	10	13
Iginla, Phg	4	8	12
Zetterberg, Det	4	8	12

NBA PLAYOFFS

FINALS

(BEST-OF-7; All Times Eastern)

MIAMI (1) VS SAN ANTONIO (2)

(San Antonio leads 2-1)

Tuesday's result

San Antonio 113 Miami 77

Thursday's game

Miami at San Antonio, 9 p.m.

Sunday's game

Miami at San Antonio, 8 p.m.

Tuesday, Jun. 18

x-San Antonio at Miami, 6 p.m.

Thursday, Jun. 20

x-San Antonio at Miami, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	40	26	.606	—
New York	37	27	.578	2
Baltimore	37	29	.561	3
Tampa Bay	35	29	.547	4
Toronto	28	36	.438	11

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	36	28	.563	—
Cleveland	31	33	.484	5
Kansas City	30	33	.476	5½
Minnesota	28	33	.459	6½
Chicago	28	35	.444	7½

WEST DIVISION

	W	L	Pct	GB
Texas	38	26	.594	—
Oakland	39	27	.591	—
Seattle	29	37	.439	10
Los Angeles	28	38	.424	11
Houston	22	44	.333	17

Wednesday's results

L.A. Angels 9 Baltimore 5
Kansas City 3 Detroit 2 (10)
Boston at Tampa Bay
Cleveland at Texas
Philadelphia at Minnesota
Toronto at Chicago White Sox, postponed
N.Y. Yankees at Oakland
Houston at Seattle

Tuesday's results

Baltimore 3 L.A. Angels 2
Tampa Bay 8 Boston 3
Cleveland 5 Texas 2
Minnesota 3 Philadelphia 2
Toronto 7 Chicago White Sox 5 (10)
Detroit 3 Kansas City 2
Oakland 6 N.Y. Yankees 4
Seattle 4 Houston 0

Thursday's games

All times Eastern
N.Y. Yankees (Kuroda 6-5) at Oakland
(Parker 5-6), 3:35 p.m.
Boston (Doubont 4-3) at Baltimore (Gausman 0-3), 7:05 p.m.
Kansas City (Santana 4-5) at Tampa Bay
(Hellickson 4-2), 7:10 p.m.
Toronto (Rogers 1-2) at Texas (Darvish 7-2), 8:05 p.m.
Philadelphia (Lee 7-2) at Minnesota (Correia 5-4), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	39	27	.591	—
Washington	31	32	.492	6½
Philadelphia	31	34	.477	7½
New York	23	36	.390	12½
Miami	19	45	.297	19

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	42	22	.656	—
Cincinnati	40	26	.606	3
Pittsburgh	38	26	.594	4
Milwaukee	26	38	.406	16
Chicago	25	38	.397	16½

WEST DIVISION

	W	L	Pct	GB
Arizona	36	29	.554	—
Colorado	35	30	.538	1
San Francisco	33	30	.524	2
San Diego	32	34	.485	4½
Los Angeles	28	36	.438	7½

Wednesday's results

Cincinnati 2 Chicago Cubs 1
San Diego 5 Atlanta 3
San Francisco at Pittsburgh
St. Louis at N.Y. Mets
Milwaukee at Miami
Washington at Colorado
Arizona at L.A. Dodgers

Tuesday's results

Pittsburgh 8 San Francisco 2
St. Louis 9 N.Y. Mets 2
Miami 5 Milwaukee 4
Cincinnati 12 Chicago Cubs 2
Colorado 8 Washington 3
San Diego 3 Atlanta 2
L.A. Dodgers 5 Arizona 3

Thursday's games

All times Eastern
St. Louis (Wainwright 9-3) at N.Y. Mets
(Harvey 5-0), 1:10 p.m.
Cincinnati (Latos 6-0) at Chicago Cubs
(Samarzija 3-7), 2:20 p.m.
Washington (Detwiler 2-4) at Colorado
(Francis 2-4), 3:10 p.m.
San Francisco (Cain 4-3) at Pittsburgh
(Morton 0-0), 7:05 p.m.

Horoscopes

Aries

March 21 - April 20
If there is something you want to tell the world, you will get your chance over the next few days. Whether it's worth hearing remains to be seen but you will certainly make your point — maybe quite loudly!

Taurus

April 21 - May 21
You are about to benefit from a remarkable stroke of luck but you will kick yourself if you don't take full advantage of it. Partners and loved ones may kick you too.

Gemini

May 22 - June 21
You may have energy to spare today but that does not mean you can waste it. The Sun, Mars and Jupiter in your sign make all things possible, but there is one thing only you should be focusing on now.

Cancer

June 22 - July 23
You seem to be a bit more adventurous than usual, and that's good. You certainly won't worry what the neighbours might think about what you are up to. In fact, you will quite enjoy shocking them.

Leo

July 24 - Aug. 23
No matter how much time and energy you put into something, if your heart is not in it you won't do a good job. The message of the stars is to love what you are doing.

Virgo

Aug. 24 - Sept. 23
The only reason you are under pressure is because you have too many things on the go. And the only reason you have too many things on the go is because you can't say "no".

Libra

Sept. 24 - Oct. 23
You have a busy schedule, so if you get the chance to take a break over the next 24 hours you would be wise not to waste it. You may not get another opportunity for quite some time.

Scorpio

Oct. 24 - Nov. 22
One course of action is right and one course of action is wrong. Not that it matters a whole lot to you. It seems you have already decided what it is you are going to do.

Sagittarius

Nov. 23 - Dec. 21
It is important that you give loved ones space to be themselves today, because if you restrict their freedom they may rebel. Do you fear losing them? That's more likely to happen if you cling too tightly.

Capricorn

Dec. 22 - Jan. 20
Promise yourself that no matter how irritating certain people may be, you won't let them get under your skin. The only weapons they have to use against you are words and words only hurt if you let them.

Aquarius

Jan. 21 - Feb. 19
What happens today may or may not be important but how you react to it most certainly is. The best reaction is to steer a middle course. Try not to be either too happy or too sad.

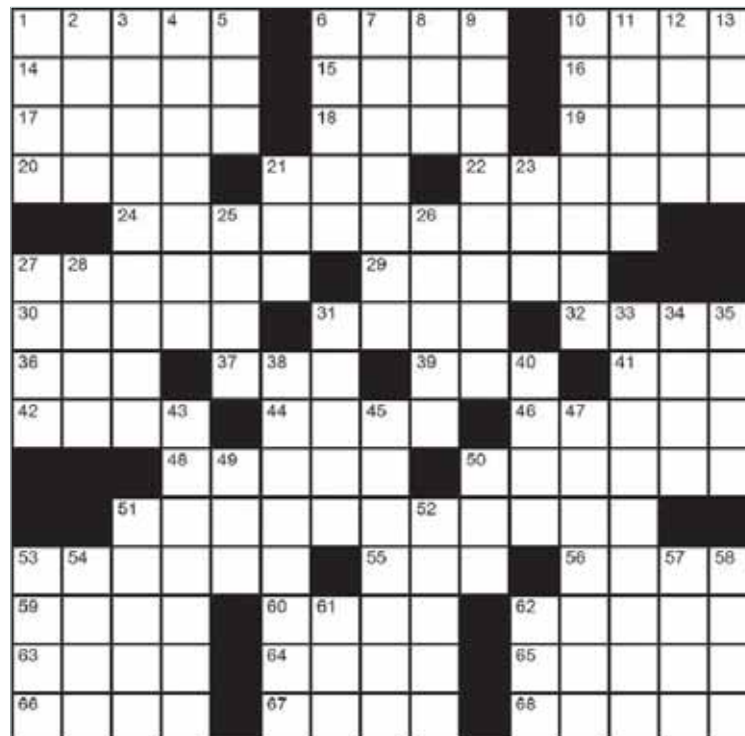
Pisces

Feb. 20 - March 20
Something will occur today that makes you look at life in a slightly different way. Once you get past certain ideas that have been holding you back, you will discover a new world of possibilities. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. The ___ (Meeting place in downtown Winnipeg)
6. Rhyming scheme
10. Tie
14. Take out ___ (Borrow money)
15. City haze
16. Simply the best
17. ___ rest (Bring things to a close)
18. Mansion must-have
19. Survey choice, ___ of the above
20. Tree log bump
21. Five-and-five's total
22. USA part
24. Motto on Saskatchewan licence plates: Land of ___
27. "This Is ___ Tap" (1984)
29. Little
30. Toronto's Loma, and others
31. Hollywood Walk of Fame symbol
32. Detect
36. Perform
37. Long list ender
39. Caribbean music
41. Flub
42. President Truman's First Lady
44. Apiece
46. Bottle-living wishes granter
48. Heavenly food
50. Starts
51. Located in BC, it's the highest peak of



- the Canadian Rockies: 2 wds.
53. Rather frightening
55. Photo ___ (PR events)
56. Pre-1917 ruler
59. Many: 2 wds.
60. Closed
62. Fuddy-duddy
63. '90s-style rock

- concert pit
64. River of England
65. Had a bug
66. Birthers of baby baa-ers
67. Requisite
68. Bridges

Down

1. "Columbo" star

- Peter
2. The Good Earth heroine
3. Supporters of The Monarchy
4. "Walking on Sunshine" by ___ and The Waves
5. ___ Cone (Toy-made treat)

6. Colorado resort
7. Amidst
8. Casper's cry!
9. Inuk singer/songwriter, Susan ___
10. Actor, Jeff ___
11. Beaver logo clothier
12. Baie-Sainte-___, NB
13. From-the-garden

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- pluck-ee
21. Blue Rodeo's "___ I Am Myself Again"
23. Zero
25. Bouquet holder
26. Successful song
27. Strikebreaker
28. Step
31. Barely anything
33. Ontario's Bruce ___
34. Wholly ___ part
35. Three: Spanish
38. English poet: Alfred, Lord ___ (b.1809 - d.1892)
40. Middle ___ (Pre-Renaissance period)
43. Gets wrinkles out
45. Make merry
47. Vain person's vacation?
49. Diving bird
50. Blues guitarist Mr. King's
51. Canada-associated creature
52. Chose
53. Equivalent
54. Farming implement
57. Seaport of Yemen
58. Some Smarties
61. Tint
62. The ___, Manitoba ___

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Know what the weather
will be 14 days from now.
Check the 14 day trend.

TWN incorporates MSC data



How do I become a Dentist?

Explore what you want to be and how to get there.

Visit CareerBear.com to learn more



CHEVROLET



THE
BIG

FIRST
TIME
EVER

0%
FINANCING
FOR
84 MONTHS*

SALE

ALL 2013 CHEVROLET MODELS

HUGE PAYMENT REDUCTIONS ON OUR AWARD WINNING LINEUP!

2013 SPARK



0%
FOR 84
MONTHS

2013 SONIC



0%
FOR 84
MONTHS

2013 CRUZE



0%
FOR 84
MONTHS

2013 MALIBU



0%
FOR 84
MONTHS

2013 VOLT



0%
FOR 84
MONTHS

2013 IMPALA



0%
FOR 84
MONTHS

2013 CAMARO



0%
FOR 84
MONTHS

2013 CORVETTE



0%
FOR 84
MONTHS

2013 TRAX



0%
FOR 84
MONTHS

2013 EQUINOX



0%
FOR 84
MONTHS

2013 TRAVERSE



0%
FOR 84
MONTHS

2013 TAHOE



0%
FOR 84
MONTHS

2013 SUBURBAN



0%
FOR 84
MONTHS

2013 AVALANCHE



0%
FOR 84
MONTHS

2013 SILVERADO 1500



0%
FOR 84
MONTHS

2013 SILVERADO HD



0%
FOR 84
MONTHS

2013 ORLANDO



0%
FOR 84
MONTHS

2013 EXPRESS



0%
FOR 84
MONTHS

FOR 10 DAYS ONLY — JUNE 12TH – 22ND

TO GUARANTEE OUR QUALITY, WE BACK IT 160,000-KM/5-YEAR POWERTRAIN WARRANTY

Whichever comes first. See dealer for limited warranty details.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.***



ONTARIOCHEVROLETDEALERS.COM

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Offers valid for delivery dates between June 12 and 22, 2013; participating lenders are subject to change. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank® or RBC Royal Bank for 84 months on new or demonstrator 2013 Chevrolet, Buick & GMC cars, crossovers, pickups, SUVs and vans. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: \$20,000 at 0% APR, the monthly payment is \$238.10 for 84 months. Cost of borrowing is \$0, total obligation is \$20,000. Offer is unconditionally interest-free. Freight and air tax (\$100, if applicable) included. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ®Registered trademark of The Bank of Nova Scotia. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ***Factory order or dealer trade may be required.